

COMMENCEMENT CLASS OF 2021



ACHIEVING NEW HEIGHTS IN
MEDICAL EDUCATION

MISSION STATEMENT

Rocky Vista University
provides quality healthcare education
while inspiring students to serve with
compassion, integrity, and excellence.



ROCKY VISTA UNIVERSITY SOUTHERN UTAH
CLASS OF 2021 COMMENCEMENT
FIFTEENTH OF MAY
TWO-THOUSAND TWENTY-ONE



LETTER FROM THE PROVOST



Dear Rocky Vista University's Class of 2021,

This year's Commencement is bittersweet. As you leave RVU, we celebrate your many accomplishments and wish you well as you start the next phase of your journey. We are saddened that we are not able to gather in person to celebrate due to the pandemic. Know that as you watch the ceremony with your classmates or your loved ones, we are with you in spirit.

This year is especially significant as it marks the graduation of our Inaugural Class of our Southern Utah Campus DO and MSBS students. You are all pioneers and will pave the way for those who follow in your footsteps. You have demonstrated great resilience as we have navigated these challenging times together.

To our medical school graduates, today you join a network of approximately 114,000 practicing osteopathic physicians across the nation. Be loyal to your profession and remember to treat all of your patients with the utmost compassion and care. Remember that everyone is someone's loved one – treat them as you would your own family.

To our MSBS graduates, thank you for the trust you have placed in us. We understand the challenges you have faced this year with remote learning. You have worked hard and have overcome obstacles to be one step closer to achieving your professional goals. We look forward to seeing the great things you will accomplish.

As you transition from RVU Students to Alumni, remember to express gratitude to those who have helped you on your journey—your family, friends, faculty and staff—all of whom stood with you to cheer you on during the good times, as well as those challenging moments, and now share the sense of pride and accomplishment with you. Also, remember that you are always a part of the RVU Family. Never stop learning, growing in mind, body and spirit, and becoming an integral member of the communities you will serve.

We look forward to your future accomplishments and know that you will make us proud!

Warmest regards,

David A. Forstein, DO
Provost

THE OSTEOPATHIC OATH

I do hereby affirm my loyalty to the profession I am about to enter. I will be mindful always of my great responsibility to preserve the health and the life of my patients, to retain their confidence and respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatment consistent with good judgment and with my skill and ability, keeping in mind always nature's laws and the body's inherent capacity for recovery.

I will be ever vigilant in aiding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession. I will give no drugs for nefarious purposes to any person, though it may be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive cooperation and never by word or by act cast imputations upon them or their rightful practices.

I will look with respect and esteem upon all those who have taught me my art. To my college and my profession, I will be loyal and strive always for its best interests and for the interests of the students who will come after me.

I will be ever alert to further the application of basic biologic truths to the healing arts and to develop the principles of osteopathic medicine which were first enunciated by Andrew Taylor Still.

DOCTOR OF OSTEOPATHIC MEDICINE - CLASS OF 2021

JONATHAN JUDE AKSTINAS *

Emergency Medicine
St. Agnes Medical Center
Fresno, California

JAKE H. ALLINSON

Rural and Wilderness Medicine Track
Family Medicine
Eastern Idaho Regional Medical Center
Idaho Falls, Idaho

EMILY J. ANDERSON

Military Medicine Program
Internal Medicine
Naval Medical Center
Portsmouth, Virginia

LOGAN CHARLES ANDERSON

Rural and Wilderness Medicine Track
Family Medicine
Idaho State University
Pocatello, Idaho

PATRICK ALLEN ARPIN

Surgery - Preliminary
Baystate Medical Center
Springfield, Massachusetts

SEAN MICHAEL BAILEY

Family Medicine
Ventura County Medical Center
Ventura, California

RICHARD BALUYOT

Emergency Medicine
Rowan University School of Medicine
Stratford, New Jersey

BRYAN BEATY

Emergency Medicine
University of Texas at Austin Dell Medical School
Austin, Texas

RAUL GABRIEL BETANCOURT-PEREZ

Military Medicine Program
General Surgery
Keesler Air Force Base
Biloxi, Mississippi

TRYSTAN KADE BLAKE

Global Medicine Track
Transitional Year
Garnet Health Medical Center
Middletown, New York

ADAM BRADFORD

Transitional Year
Lewis Gale Medical Center
Salem, Virginia

JONATHAN BRICK

Academic Medicine and Leadership Track

MATTHEW BROCKWAY

Long Term Care Track
Internal Medicine
Sunrise Health GME Consortium
Las Vegas, Nevada

JACOB BURCH

Pediatrics
University of Texas Austin Dell Medical School
Austin, Texas

GARRETT GRANT BURGON *

Academic Medicine and Leadership Track
Pediatrics
Phoenix Childrens Hospital
Phoenix, Arizona

ETHAN TYLAR BURKE *

Global Medicine Track
Transitional Year
HCA Healthcare | USF Morsani
Oak Hill, Florida

ANTHONY CHARLES CASPER *

Class Valedictorian
Transitional Year
Providence Sacred Heart Medical Center
Spokane, Washington

Radiation Oncology
University of Florida College of Medicine
Shands Hospital
Gainesville, Florida

ZACHARY ADAM CETRARO

Global Medicine Track
Military Medicine Program
Family Medicine
Halifax Medical Center
Daytona Beach, Florida

STELLA CHAN

Family Medicine
Shasta Community Health Center
Redding, California

WILLIAM KYLE CHRISTENSEN

Academic Medicine and Leadership Track
Family Medicine
McKay-Dee Hospital Center
Ogden, Utah

JASON MERRILL CORLESS

Military Medicine Program
Internal Medicine
Wright Patterson Air Force Base / WSU
Dayton, Ohio

STEPHEN CHASE CREGOR

Global Medicine Track
Family Medicine
CHRISTUS Health
Corpus Christi, Texas

JORDAN MICHAEL DE LISLE

Internal Medicine
Elson S. Floyd College of Medicine - WSU
Everett, Washington

JESSE LEVI DEWEY *

Academic Medicine and Leadership Track
Transitional Year
Campbell University
Campbell, North Carolina

Dermatology

Campbell University - Sampson Regional Medical Center
Clinton, North Carolina

AFSHIN EDRISSI

Rural and Wilderness Medicine Track
Family Medicine
Central Washington Family Medicine
Ellensburg, Washington

DALLIN DANIEL ELMER

Academic Medicine and Leadership Track
Emergency Medicine
Kansas City University GME Consortium
Joplin, Missouri

JOHN CLARENCE EVANS

Family Medicine
University of Texas Health Science Center
Tyler, Texas

ZACHARY DOUGLAS FERRELL

Internal Medicine
SUNY Upstate Medical University
Syracuse, New York

Physical Medicine and Rehabilitation

Sunrise Health GME Consortium
Las Vegas, Nevada

ROBERT BRUCE GARRETT *

Long Term Care Track
Anesthesiology
University of Kansas School of Medicine
Kansas City, Kansas

GARRETT J. GARRITY

Family Medicine
Kadlec Regional Medical Center
Richland, Washington

CHRISTOPHER JAMES GAY

Rural and Wilderness Medicine Track
Family Medicine
Shasta Community Health Center
Redding, California

AUSTIN ERIC GOTTSCHALK

Military Medicine Program
General Surgery
University of Texas Health Science Center
San Antonio, Texas

TYSON R. HAMILTON

Military Medicine Program
Internal Medicine
University of Florida College of Medicine
Shands Hospital
Gainesville, Florida

AKOSUA ASABEA HATCH

Academic Medicine and Leadership Track

COLSON JOHN HEALY *

Family Medicine
Sunrise Health GME Consortium
Las Vegas, Nevada

JAMON PETER HEMINGWAY

Transitional Year
Unity Health
Searcy, Arkansas

ALEXANDER D. HETRICK

Global Medicine Track
Family Medicine
Montana Family Medicine
Billings, Montana

AUSTIN FORSYTHE HORN *

General Surgery
HCA Medical City Healthcare
Arlington, Texas

ANDREW PAUL HUNT *

Rural and Wilderness Medicine Track
Emergency Medicine
St. Lukes Hospital
Easton, Pennsylvania

GRACE ELIZABETH ISAACSON

Long Term Care Track
Family Medicine
Penn Highlands Healthcare
DuBois, Pennsylvania

TAYLOR SCOTT JACKSON

Military Medicine Program
Pathology - Anatomic and Clinical
University of Utah Health
Salt Lake City, Utah

ANDREW KARL JEON

Family Medicine
Community Health Network
Greenwood, Indiana

BORIS JOUTOVSKY

General Surgery
New York University Long Island School of Medicine
Mineola, New York

MICK A. WILLIAMS JUAREZ

Neuromuscular Medicine
Michigan State University
East Lansing, Michigan

JUSTIN R. JUDD

Long Term Care Track
Family Medicine
University of Texas Health Science Center
Tyler, Texas

ANDREW SCOTT KIMBER

Military Medicine Program
General Surgery
Boston University Medical Center
Boston, Massachusetts

SHANNON LEIGH KING

Rural and Wilderness Medicine Track
Emergency Medicine
University Hospitals Osteopathic Consortium
Westlake, Ohio

AUSTIN JEFFREY KLOMP

Military Medicine Program
Family Medicine
HealthONE
Lone Tree, Colorado

RYAN PERKINSON KNIGHT

Internal Medicine
Eastern Idaho Regional Medical Center
Idaho Falls, Idaho

VISHAL KOTTAPALLI

RACHEL MAY LEAVITT

Emergency Medicine
Albany Medical Center
Albany, New York

JASON LEE

Rural and Wilderness Medicine Track
Family Medicine
Riverside University Health Systems
Moreno Valley, California

JUHYUN LEE

Transitional Year
MacNeal Hospital
Berwyn, Illinois

Diagnostic Radiology

Loyola University Medical Center
Maywood, Illinois

JOSHUA R. LLOYD

Family Medicine
El Rio Family Medicine Residency
Tucson, Arizona

MIGUEL ALEJANDRO LOPEZ MENDOZA

Family Medicine
Natividad Medical Center
Salinas, California

VALERIE L. MARTIN

Long Term Care Track
Obstetrics and Gynecology
Sunrise Health GME Consortium
Las Vegas, Nevada

FUJIKO ROSE MATSUI

Family Medicine
Hilo Medical Center
Hilo, Hawaii

BRADLEY J. MCCANN

Military Medicine Program
Diagnostic Radiology
David Grant Medical Center | UC Davis
Travis Air Force Base, California

SCOTT R. MCINTOSH

Family Medicine
HCA Healthcare | LGH Montgomery | VCOM
Blacksburg, Virginia

KEELING FLETCHER MCLIN III

Physician-Scientist Track
Internal Medicine
HCA Healthcare | USC Morsani GME
Trinity, Florida

Diagnostic Radiology
HCA Healthcare | USC Morsani GME
Trinity, Florida

JAKE NEIL MCRAE

Emergency Medicine
University of Texas Austin Dell Medical School
Austin, Texas

COLBY WEST MCWHORTER

Military Medicine Program
General Surgery
UC Davis Medical Center
Sacramento, California

STEVEN CAMERAN MECHAM

Academic Medicine and Leadership Track
Emergency Medicine
Texas Tech University Affiliates
Lubbock, Texas

BENJAMIN MEMMOTT

Military Medicine Program
Preliminary - Diagnostic Radiology
San Antonio Military Medical Center
San Antonio, Texas

W. PAYDON NEWMAN

Family Medicine
Baylor Scott & White Medical Center
Round Rock, Texas

BRANDON MATTHEW NIELSEN

Emergency Medicine
Orange Park Medical Center
Orange Park, Florida

TALMAGE LEE NIELSEN

Transitional Year
Crozer-Chester Medical Center
Upland, Pennsylvania

MARCUS L. OLIVER

Physician-Scientist Track
Family Medicine
Tidelands Health
Myrtle Beach, South Carolina

ALEXANDER WILLIAM ORTIZ

Military Medicine Program
Transitional Year
Campbell University | Harnett Health
Campbell, North Carolina

SEAN L. O'SHAUGHNESSY

Rural and Wilderness Medicine Track
Pathology - Anatomic and Clinical
University of South Dakota Sanford School of Medicine
Sioux Falls, South Dakota

JANAK B. PATEL

Internal Medicine
Wellington Regional Medical Center
Wellington, Florida

CODY EUGENE PATTERSON

Family Medicine
Idaho State University
Pocatello, Idaho

ANDREW TUAN HOANG PHAN

Family Medicine
St. Agnes Medical Center
Fresno, California

NATALIE VICTORIA PRATT

Military Medicine Program
Family Medicine
Midwestern University OPTI
Sierra Vista, Arizona

JONATHAN PULSIPHER

General Surgery
Midwestern University OPTI
Mesa, Arizona

MICHAEL REES

Academic Medicine and Leadership Track
Family Medicine / Rural
University of Nevada Las Vegas School of Medicine
Las Vegas, Nevada

BEN KALMAR ROBBINS

CLARE RACHEL RUDMAN
Rural and Wilderness Medicine Track
Internal Medicine
HealthONE
Lone Tree, Colorado

RYAN MICHAEL SANCHEZ

Long Term Care Track
Internal Medicine
University of Texas Health Science Center
San Antonio, Texas

Diagnostic Radiology
University of Texas Health Science Center
San Antonio, Texas

HALEY RACHEL SHUMWAY

Global Medicine Track
Obstetrics and Gynecology
Central Michigan University College of Medicine
Saginaw, Michigan

TAYLOR LYNN SIRRINE

Rural and Wilderness Medicine Track
Internal Medicine
Boise VA Medical Center
Boise, Idaho

DILLON WILLIAM SMITH *

Academic Medicine and Leadership Track
Orange Park Medical Center
Orange Park, Florida

JOEL WAYNE SPEIR

Academic Medicine and Leadership Track
Internal Medicine
Eastern Idaho Regional Medical Center
Idaho Falls, Idaho

BRETT ANDREW STEINICKE

Family Medicine
McKay-Dee Hospital Center
Ogden, Utah

CHRISTOPHER ROBERT STEWART

Academic Medicine and Leadership Track
Emergency Medicine
Henry Ford Macomb Hospital
Clinton Township, Michigan

PARKER JOSEPH STOCKING

Global Medicine Track
Psychiatry
HealthONE
Lone Tree, Colorado

STERLING M. STOLLE

Military Medicine Program
Preliminary Surgery
Sunrise Health GME Consortium
Las Vegas, Nevada

KELLI DEBORAH TICHY

Global Medicine Track
Pursuing Internal Medicine Residency

JACOB DANIEL TINDLE

Military Medicine Program
Diagnostic Radiology
San Antonio Military Medical Center
San Antonio, Texas

BRANDON M. TRUJILLO

Military Medicine Program
Family Medicine
Midwestern University OPTI
Sierra Vista, Arizona

JORDAN KEITH VALENTA

Military Medicine Program
Internal Medicine
Sunrise Health GME Consortium
Las Vegas, Nevada

TAYLOR JAMES VAN LEEUWEN

Long Term Care Track
Internal Medicine
Virginia Commonwealth University Health System
Richmond, Virginia

Physical Medicine and Rehabilitation
Virginia Commonwealth University Health System
Richmond, Virginia

JAKE D. VAN WEEZEP

Military Medicine Program
Family Medicine
David Grant Medical Center
Travis Air Force Base, California

CONNOR WEISSER

Academic Medicine and Leadership Track
Family Medicine
North Colorado Medical Center
Greeley, Colorado

MICHAEL CONNER WESTON

Family Medicine
Harrison Medical Center
Bremerton, Washington

CHRISTIAN WHITTIER

Emergency Medicine
McLaren Health Care Corp
Pontiac, Michigan

WILLIAM ROBERT WHITTIER

Rural and Wilderness Medicine Track
Family Medicine
Osteopathic Medical Education Consortium of Oklahoma
Tulsa, Oklahoma

JARED J. WILSON

Academic Medicine and Leadership Track
Internal Medicine
Mountain Area Health Education Center
Asheville, North Carolina

JULIA CONWAY WINJE

*Long Term Care Track
Internal Medicine
Boise VA Medical Center
Boise, Idaho*

DILLON KENNETH WINKLER

Residency Information Withheld

BRENT JACKSON WRIGHT

*Emergency Medicine
Grand Strand Regional Medical Center
Myrtle Beach, South Carolina*

SAMUEL RICHARD ZARBOCK

*Academic Medicine and Leadership Track
Pursuing Pediatrics Residency*

KAITLIN ROSE ZUSPAN

*Physician-Scientist Track
Pediatrics
Baylor College of Medicine
San Antonio, Texas*



*“Thank you to all of you, my colleagues:
For teaching me,
For your friendship,
For your examples of commitment to your goals—
And for your future curbside advice!”*

Emily Anderson

*Graduating with Honors

MASTER OF SCIENCE IN BIOMEDICAL SCIENCES

CLASS OF 2021

MARIAM ALAM

Bachelor of Science in Biology
University of Utah

HEIDI JEAN ARREOLA *

Bachelor of Science in Biology
Utah State University

KODY LEE BAILEY

Bachelor of Science in Nutrition
Southern Utah University

JARRED MICHAEL BROOKS *

Bachelor of Science in Neurobiology,
Physiology, and Behavior
University of California Davis

ROBERT COFFMAN

Bachelor of Science in Exercise Science
University of Utah

ANGEL CRUZ

Bachelor of Science in Biology
Southern Utah University

STETSON ROBERT HOHMAN

Bachelor of Science in Public Health /
Industrial Hygiene
University State University

JEREMY JONES

Bachelor of Science in Exercise Science
Dixie State University

CAILEY NICOLE LLOYD

Bachelor of Arts in Linguistics
University of Utah

BRANDON WILLIAM MUSE

Bachelor of Science in Public Health
Utah State University

LOVELEEN KAUR PAUL

Master of Science in Healthcare Delivery
Bachelor of Science in Kinesiology
Arizona State University

JESSICA ISABEL PERKINS

Bachelor of Science in Exercise and
Sport Science
University of Utah

KOLTEN B. PRESTON

Bachelor of Science in Biology
Utah Valley University

ZACHARY A. QUINN

Bachelor of Science in Exercise Science
Brigham Young University

STEPHANIE SALCEDO

Bachelor of Arts in Neuroscience
Boston University

TY SHIELDS

Bachelor of Science in Kinesiology
Utah Valley University

MY-TRANG (LISA) TRAN

Bachelor of Science in Psychology
University of California - Irvine

AUSTIN TUCKETT

Bachelor of Science in Biology
Utah Valley University

CONGRATULATIONS TO THE CLASS OF 2021 GRADUATION AWARD WINNERS

COLLEGE OF OSTEOPATHIC MEDICINE AWARDS

PRESIDENT'S AWARD

John Evans

DEAN'S AWARD

Jesse Dewey

CLINICAL YEAR AWARDS

Anesthesiology: Robert Garrett

Diagnostic Radiology: Ben Memmott

Emergency Medicine: Bryan Beaty

Family Medicine: Colson Healy

General Surgery: Austin Horn

Internal Medicine: Julia Winje

Obstetrics and Gynecology: Valerie Martin

Pediatrics: Kaitlin Zuspan

Physical Medicine and Rehabilitation:

Taylor Van Leeuwen

Psychiatry: Parker Stocking

Subspecialty Medicine: Jesse Dewey

DEPARTMENT AWARDS

Biomedical Sciences: Anthony Casper

Medical Humanities: Stella Chan and Rachel Leavitt

Osteopathic Principles and Practice: Jason Lee and

Sterling Stolle

Primary Care Medicine: Bradley McCann

GLOBAL SERVICE AWARD

Parker Stocking

Kelli Tichy

MILITARY SERVICE AWARD

Raul Gabriel Betancourt-Perez

WILLIAM G. ANDERSON RESILIENCY AWARD

Fujiko Matsui

BRANDON TRUSELL COMMUNITY SERVICE AWARD

Haley Shumway

EXCELLENCE IN CLINICAL MEDICINE AWARD

Robert Garrett

MASTER OF SCIENCE IN BIOMEDICAL SCIENCES AWARDS

PRESIDENT'S AWARD

Jarred Brooks

MSBS ACADEMIC EXCELLENCE AWARD

Heidi Arreola

MSBS HUMANITARIAN AWARD

Jessica Perkins

MSBS SERVICE AWARD

My-Trang Lisa Tran

ACHIEVING NEW HEIGHTS EVERY DAY

JONATHAN AKSTINAS

Honors: Sigma Sigma Phi; Top 10% of Class. **Volunteer:** Ultrasound Scholar; Tutor; Peer Mentor. **Research:** *An acute case of phenytoin toxicity in the emergency department; When back pain leads to posterior reversible leukoencephalopathy.*

JAKE ALLINSON

Honors: Rural and Wilderness Medicine Track.

EMILY ANDERSON

Honors: Military Medicine Program; Saks Fifth Avenue Award (Best Dressed). **Positions:** Student Chairperson of the National Research Committee - Physicians Against the Trafficking of Humans; Vice-President of Class Council; Women in Medicine Club, Liaison to American Medical Women's Association. **Volunteer:** Ironman (70.3); St. George Marathon; Utah Food Bank; Doctors Volunteer Clinic. **Research:** *The Impact of Human Trafficking Training on Knowledge and Attitudes Towards Trafficking Among Healthcare Professionals; Effects of Caring for Victims of Human Trafficking on Physician Emotional Reserve During COVID-19; When Back Pain leads to Posterior Reversible Leukoencephalopathy Syndrome.* **Miscellaneous:** Presented at ACP Conference (2020); Hosted the Learn to Identify and Fight Trafficking (LIFT) CME Course; Secured Grant Scholarships for LIFT.

LOGAN ANDERSON

Honors: Rural and Wilderness Medicine Track.

PATRICK ARPIN

Honors: Runner-Up for Best of Conference Poster at Student Osteopathic Surgical Conference (2019). **Positions:** Treasurer for Student Osteopathic Medical Association (2017-19). **Volunteer:** Peer Mentor; Ivins City Soccer League; SLC Aves Baseball League. **Research:** *Independent Learning of the Sonographic FAST Exam Using a Tablet-Based Training Module.*

HEIDI ARREOLA

Honors: Top 10% of MSBS Class; MSBS Academic Excellence Award.

SEAN BAILEY

Volunteer: St. Anne's Homeless Shelter Free Clinic. **Miscellaneous:** "My daughter was born 4 hours before I took COMLEX Level 1. I had had one hour of sleep, and I sat through that 10-hour exam the same day and scored above the national average."

RICHARD BALUYOT

Honors: Honored in Heme/ONC II, PCM IV, and OPP IV. **Positions:** Peer Mentor Team Lead. **Volunteer:** Ultrasound Scholar. **Miscellaneous:** Internal Medicine NBME Shelf Tutor.

BRYAN BEATY

Honors: Clinical Year Award: Emergency Medicine. **Positions:** Secretary for American College of Osteopathic Emergency Physicians and Wilderness Medical Society. **Volunteer:** American Red Cross Blood Drives. **Research:** *Diagnosis of Myocardial Infarction in a Patient With Left Bundle Branch Block and Negative Sgarbossa Criteria* (published in the *Journal of the American Osteopathic Association*).

RAUL GABRIEL BETANCOURT-PEREZ

Honors: Sigma Sigma Phi; Military Medicine Program; Military Excellence Award (2021); Health Professions Scholarship Program; Honors in Anatomy and Hematology/Immunology. **Positions:** Vice-President of Education in Ultrasound Society; Admissions Committee Member for Sigma Sigma Phi; Ambassador for RVU Multicultural Taskforce. **Volunteer:** Anatomy Tutor; Peer Mentor. **Research:** *Identifying Error Rates in Suppressed Emotions during Training; The Effects of Demographics on EQ on Military Medical Students; The Effects of Marriage and Gender on Honestly Reporting Stress; Evaluating the Change in Medical Students' Perceived Preparedness for Clinical Rotations.*

TRYSTAN BLAKE

Honors: Global Medicine Track.

JONATHAN BRICK

Honors: Academic Medicine and Leadership Track. **Positions:** Communications Officer and Vice-President for Student Osteopathic Surgical Association. **Research:** *Osteopathic Manipulative Medicine in Post-Surgical Management in Tacheoesophageal Repair.* **Miscellaneous:** Presented at SOSA National Spring Conference (2019); Served as Santa at Dixie Regional Medical Center.

MATTHEW BROCKWAY

Honors: Long Term Care Track. **Positions:** President and Co-Founder of Psych/SIGN Club. **Volunteer:** Doctors Free Clinic. **Research:** *Osteopathic manipulative treatment (OMT) use among osteopathic physicians in the United States* (published in *Journal of American Osteopathic Association*). **Miscellaneous:** Presented at RVU Research Day (2019) and Utah Osteopathic Medical Association (2019).

"I am grateful for everyone I have met and befriended at RVU and look forward to what we will all accomplish in our future lives as doctors!" Andrew Phan

JARRED BROOKS

Honors: Top 10% of MSBS Class; Class Valedictorian; MSBS President's Award.

GARRETT BURGON

Honors: Sigma Sigma Phi; Academic Medicine and Leadership Track; Top 10% of Class.

ETHAN BURKE

Honors: Sigma Sigma Phi; Global Medicine Track; Top 10% of Class; Honored in Nine Courses. **Positions:** Vice-President of DOCARE Chapter; President and Founder of Student American Osteopathic Association of Orthopedics. **Volunteer:** Academic Tutor for Six Courses; Medical Trips to Kenya, Ecuador, Guatemala, and Dominican Republic. **Miscellaneous:** SpaceX Medical Student Fellow.

ANTHONY CASPER

Honors: Class Valedictorian; Top 10% of Class; Department Award: Biomedical Sciences. **Volunteer:** Tutor. **Research:** *Streptococcus intermedius: A mimicker of brain metastases and a potential pitfall for radiation oncologists; Risk of Secondary Malignancies in Ovarian Cancer Survivors: 52,680 patients analyzed with 40 years of follow-up.*

ZACHARY CETRARO

Honors: Military Medicine Program; Global Medicine Track.

STELLA CHAN

Honors: Department Award: Medical Humanities.

WILLIAM CHRISTENSEN

Honors: Academic Medicine and Leadership Track; Award for Best Hair by SGA. **Positions:** Curriculum Representative for SGA. **Volunteer:** Doctors Volunteer Clinic; RVU Health Fair; St. George Marathon.

JASON CORLESS

Honors: Military Medicine Program. **Positions:** Founding Leadership for RVU-SU's Student Association of American College of Osteopathic Family Physicians. **Miscellaneous:** Presented at Association of Military Osteopathic Physicians and Surgeons Conference.

STEPHEN CREGOR

Honors: Global Medicine Track.

JORDAN DE LISLE

Miscellaneous: "My greatest accomplishment in medical school was the ability to strike balance in my life, to prioritize my wife and Potato (our dog)."

JESSE DEWEY

Honors: Dean's Award; Sigma Sigma Phi; Academic Medicine and Leadership Track; Top 10% of Class; Clinical Year Award: Subspecialty Medicine; Brandon Trusell Service Scholarship; Winner of RVU's Mental Health Essay Con-

test. **Positions:** Vice-President of Collegium Aesculapium; Treasurer for Student Osteopathic Surgical Association.

Research: *Blastic plasmacytoid dendritic cell neoplasm masquerading as a bruise; Man with recurrent necrotic papules; Systematic Review of Pediatric Flow Diverters for Aneurysm Treatment; Variations in Stapes Surgery Cost within a Multihospital Network.* Published in *Journal of the American Academy of Dermatology Case Reports*, *Neurosurgery*, and *Otolaryngology – Head and Neck Surgery*.

AFSHIN EDRISSI

Honors: Rural and Wilderness Medicine Track.

DALLIN ELMER

Honors: Academic Medicine and Leadership Track. **Positions:** Student Delegate of Utah Medical Association; First-Year Anatomy Lab Assistant; Student Osteopathic Surgical Association and Medical Research Clubs. **Volunteer:** Tutor; Mentor. **Research:** *Using Formalin Embalmed Cadavers to Teach Fracture Identification with Ultrasound.* **Miscellaneous:** Editor of OnlineMeded (2020), Biochemistry, Basic Sciences Whiteboards: Foundations.

JOHN EVANS

Honors: President's Award; Course Honors in OPP II, III, and IV; PCM III; and Respiratory System. **Positions:** Vice-President and Undergraduate University Liaison of Community Outreach and Medical Mentors; 2021 Class Council President. **Volunteer:** St. George Ironman (2019); Stretch Station Organizer of Santa Clara Swiss Days 5k and Fun Run (2017-19); Special Olympics Utah (2019-20).

ROBERT GARRETT

Honors: Long Term Care Track; Top 5% of Class; Clinical Year Award: Anesthesiology; Excellence in Clinical Medicine; 1st Place Poster Presentation at National Student Osteopathic Surgical Association Conference (2018). **Volunteer:** Tutor; Mentor.

CHRISTOPHER GAY

Honors: Rural and Wilderness Medicine Track; Outstanding Research Poster Award at the 2020 Wilderness Medical Society Summer Conference; RVU Diplococci Award. **Research:** *Utilizing drones to restore and maintain radio communication during search and rescue operations; Using an Unmanned Aircraft System (Drone) to conduct a complex high-altitude search and rescue operation: A case study.* Published in *Journal of Wilderness and Environmental Medicine*.

AUSTIN GOTTSCHALK

Honors: Military Medicine Program.

TYSON HAMILTON

Honors: Sigma Sigma Phi; Military Medicine Program; Golden Paddle Award. **Positions:** Co-Founder of Anesthesiology and Internal Medicine Clubs; Secretary of SSP. **Volunteer:** Peer Mentor; Tutor. **Miscellaneous:** Various Research and Volunteer Work; Intramural Flag Champs!

AKOSUA HATCH

Honors: Academic Medicine and Leadership Track. **Positions:** Co-President of Young Doctors Program. **Volunteer:** Family Sponsorship Coordinator for 76th Operational Response Command.

COLSON HEALY

Honors: Sigma Sigma Phi; Top 10% of Class; Clinical Year Award: Family Medicine. **Positions:** President of Medical Spanish Club. **Research:** *OMT Use Among Osteopathic Physicians in the United States: An Update* (published in *Journal of Osteopathic Medicine*).

ALEXANDER HETRICK

Honors: Global Medicine Track; Honors in Wilderness Medicine through University of Utah School of Medicine; 3rd Place at 2018 Lake Tahoe MEDWAR Competition. **Positions:** Co-Founder of the Wilderness Medicine Student Interest Group (WMSIG) and ACOEP Clubs; President of WMSIG. **Miscellaneous:** “Well known as the crazy guy who built a tiny house on wheels during medical school”.

AUSTIN HORN

Honors: Sigma Sigma Phi; Top 10% of Class; Clinical Year Award: General Surgery. **Volunteer:** St. George Marathon; St. George Ironman; Rotary Club International; Legacy Woodburn Vaccine Clinic; Ashley Regional Medical Center; Uintah High School.

ANDREW HUNT

Honors: Sigma Sigma Phi; Rural and Wilderness Medicine Track; Top 10% of Class.

GRACE ISAACSON

Honors: Long Term Care Track; Most Compassionate Student Award (2019); RVU-SU’s Student DO of the Year (2018). **Positions:** Student Curriculum Representative for Class Council; President of Parents in Medicine; Vice-President of OBGYN Club. **Volunteer:** Doctors Volunteer Clinic; OMT Clinic for Pregnant Patients; Special Olympics. **Research:** *An Emergency Physician’s Guide to Managing Suicidal Obstetric Patients*. **Miscellaneous:** “I had the opportunity to help a Veteran and his family through the end-stages of his life. My daughter and I sang to him in his last moments and it was truly a touching experience that we will never forget.”

TAYLOR JACKSON

Honors: Military Medicine Program.

ANDREW JEON

Positions: President of Christian Medical and Dental Society. **Volunteer:** Leader of DOpacella Singing Group; Tutor; Peer Mentor; Red Cliffs SDA Children’s Sabbath School; Community Outreach and Medical Mentors.

JUSTIN JUDD

Honors: Long Term Care Track; Honors in 11 Classes.

Positions: Secretary for Community Outreach and Medical Mentors. **Volunteer:** Peer Mentor; Young Doctors Program; High School Cadaver Tour; Pre-Med Academy; AHEC’s Mini Med Day; OMM and Ethics Tutor.

ANDREW KIMBER

Honors: Military Medicine Program; Research Symposium Winner, Judges Choice Award, and Best of OMT in the Surgical Field Division at the 2019 SOSA National Spring Research Symposium. **Positions:** Planning Committee for 2019 SOSA National Conference; National Liaison for Student Association of Military Osteopathic Physicians and Surgeons; Vice-President of Finance and Fundraising for Student Osteopathic Surgical Association. **Research:** *Ultrasonography to Assess the Efficacy of Osteopathic Manipulative Treatment for Lumbar Spine Asymmetry* (published in *Journal of American Osteopathic Association*); *Trauma Team Dynamics: A Trauma Crisis Resource Management Chapter 6: Paramedical and Nonmedical Personnel*; *The Effect of Immersion Trauma Training on Resiliency and Hardiness in Military Medical Personnel*; *Osteopathic Manipulative Medicine in Post-Surgical Care of Esophageal Atresia and Tracheoesophageal Fistula Repair*. **Miscellaneous:** Additional Presentations at American College of Osteopathic Surgeons 2020 Annual Clinical Assembly and AMOPS 2019 Research Symposium.

SHANNON KING

Honors: Rural and Wilderness Medicine Track; Honors in Surgery Shelf; Honors in Psychology and OMM. **Positions:** Vice-President of American College of Osteopathic Emergency Physicians; Member of Student Osteopathic Medical Association, Student Osteopathic Surgical Association, DOCARE International, Medical Student Advocates for High-Risk Populations, and Student American Academy of Osteopathy. **Volunteer:** Ecuador Medical Outreach; Lead Practical Anatomy Tutor; Tutor for OB/GYN, Surgery, Pediatric, and Psych Shelf Exams.

AUSTIN KLOMP

Honors: Military Medicine Program.

RYAN KNIGHT

Honors: Sigma Sigma Phi. **Positions:** Member of Collegium Aesculapium, Anesthesia Club, and American Osteopathic Association. **Volunteer:** Tutor; Peer Mentor. **Research:** *The Utilization of Psychedelics in Management and Treatment of Chronic Pain*.

RACHEL LEAVITT

Honors: Department Award: Medical Humanities. Most Inspirational Student (2019); Above and Beyond Award (OMS III). **Positions:** Founded and Led Medical Student Advocates for Underserved Populations. **Volunteer:** Switchpoint Community Resource Center; Youth Futures; The Dove Center; The Giving Tree; USARA.

JASON LEE

Honors: Rural and Wilderness Medicine Track; Department Award: Osteopathic Principles and Practice.

MIGUEL LOPEZ

Honors: RVU Opportunity Scholarship. **Positions:** Member of Community Outreach and Medical Mentors Club and Ultrasound Club. **Volunteer:** Medical Spanish Tutor; Coral Cliffs Elementary Afterschool Program; Young Doctors Program.

VALERIE MARTIN

Honors: Long Term Care Track; Clinical Year Award; Obstetrics and Gynecology; TOUCH Silver Award; OBGYN Club Grant; Best Student Doctor Award from AWRC; Course Honoree in 11 Classes. **Positions:** President of OBGYN Club; President of Days for Girls International Salt Lake City Team; Vice-President of Community Outreach: Ultrasound Society; RVU Officer of Student Wellness; Sigma Alpha Pi Honor Society; Education Committee Member of SAACOPF; Member of American Medical Women's Association. **Volunteer:** Global Education Philanthropists; Days for Girls International; Southern Utah Veterans Home; Tutor for Board Exams. **Research:** *Comparison of International Classification of Diseases and Related Health Problems, Tenth Revision Codes With Electronic Medical Records Among Patients With Symptoms of Coronavirus Disease 2019; Routine Postoperative Testing: Routine or Necessity or Habit?; The impact of COVID-19 testing volume on symptom documentation; Comprehensive Testing Highlights Racial, Ethnic, and Age Disparities in the COVID-19 Outbreak; Exploration of Prostate Specific Antigen as a marker of unprotected intercourse in a population seeking emergency contraception; Transparency in OBGYN Trial Reporting: Are We Deficient?; Pre-trial Registration as Accountability in Manuscript Publication.* Published in *Journal of Gynecologic Surgery, MedrxIV Journal, and Contraception.* **Miscellaneous:** Presented at JAMA Network Open and Society for Maternal Fetal Medicine Annual Meeting; Advanced Leadership Certificate and Executive Leadership Certificate from National Society of Leadership and Success; Received Bred with HEART by American Kennel Club; Owner of Fairy Tail Cavaliers; Wrote and Published *She Can Have It All: Lady Power Productivity Planner*; International Women's Health and Human Rights Certification; Point of Care Ultrasound Fundamentals Certification; Obstetrics/First-Trimester Point of Care Ultrasound Certification; Anti-Racism Certification; COVID Ventilation Training Certification; DOcapella.

FUJIKO MATSUI

Honors: William G. Anderson Resiliency Award. **Positions:** Secretary of the Student Government Association; Member of Diversity and Inclusivity Committee. **Volunteer:** Peer Mentor.

BRADLEY MCCANN

Honors: Sigma Sigma Phi; Military Medicine Program; Department Award: Primary Care Medicine. **Miscellaneous:** Started a Mobile Escape Room Business (The Escape Pod); "I married a redhead [and] I'm having a red-headed baby girl!"

KEELING MCLIN

Honors: Sigma Sigma Phi; Physician Scientist Track. **Positions:** Student Ambassador. **Volunteer:** Tutor. **Research:** *Ultrasound Shear Wave Elastography to Assess Osteopathic Manipulative Treatment on the Iliocostalis Lumborum Muscle: A Feasibility Study; Shear Wave Elastography to Assess Muscle Mechanical Properties; The Effect of Adding an Additional Campus Site on Student Performance at an Osteopathic Medical School.*

JAKE MCRAE

Honors: Sigma Sigma Phi; Fellow of the Academy of Wilderness Medicine (2020); Wilderness Medical Society Outstanding Research Poster Award (2020); Platinum Recognition Award, TOUCH (2019); 1st Place Poster Presentation, Utah Osteopathic Association Annual Conference (2018); 1st Place Overall Research Poster Presentation, Student Osteopathic Surgical Association (SOSA) National Research Symposium. **Positions:** President of SOSA Club. **Volunteer:** Medical Lead for Washington County Search and Rescue; Medical Lead for Iron Man Triathlon. **Research:** *Using an Unmanned Aircraft System (Drone) to Conduct a Complex High-Altitude Search and Rescue Operation: A Case Study; Public Perceptions on Prescription Opioid and Heroin Abuse; Utilizing Drones to Restore and Maintain Radio Communication during Search and Rescue Operations.* Published in *Journal of Wilderness & Environmental Medicine* and *Journal of American Osteopathic Association.* **Miscellaneous:** Presented at National SOSA Spring Conference (2018), WMS Summer Wilderness Medicine Conference (2019-20), RVU Research Day (2018), World Congress on Mountain Medicine International Conference (2018), International Australian and New Zealand Search and Rescue Conference (2019), Mountain Rescue Association National Search and Rescue Conference (2019), and Osteopathic Medical Education Conference (2018).

COLBY MCWHORTER

Honors: Sigma Sigma Phi; Military Medicine Program; Top Flight of Graduating COT Class. **Positions:** Vice-President of Integrative Medicine Club. **Volunteer:** Anatomy Tutor; St. George Marathon; Huntsman Senior Games. **Research:** *Evaluating the Change in Medical Student's Perceived Preparedness for Clinical Rotations Post-Cut Suit Week; A Common Blunder For A Rare Disease; Misdiagnosed PEComa.*

"Thank you for being such a great class and loving and supporting me at all times, I am grateful for all of the lifelong friendships and memories I have because of all of you." Haley Shumway

STEVEN MECHAM

Honors: Sigma Sigma Phi; Academic Medicine and Leadership Track.

BENJAMIN MEMMOTT

Honors: Sigma Sigma Phi; Military Medicine Program; Clinical Year Award; Diagnostic Radiology; 2nd Place Poster at 2020 Student Association of Military Osteopathic Physicians and Surgeons' Research Symposium. **Positions:** President of Ultrasound Society. **Volunteer:** Tutor, Ultrasound/Peer Mentor. **Research:** *Diagnostic Performance of Multiparametric Transrectal Ultrasound in Localized Prostate Cancer: A Comparative Study with Magnetic Resonance Imaging; Quantitative Ultrasound Imaging to Assess Skeletal Muscles in Adults with Multiple Sclerosis: A Feasibility Study; RSNA Statement on Reporting Findings: Chest CT of COVID-19 Pneumonia.*

TALMAGE NIELSEN

Honors: Best of OMT in Surgical Field Division and Judges Pick at Students Osteopathic Medical Association (SOSA) Research Symposium (2019); 1st Place Surgical Division at SOSA Research Symposium (2018). **Positions:** Helped Create RVU-SU's SOSA; Vice-President and President of SOSA. **Volunteer:** Tutor. **Research:** *Osteopathic Manipulative Medicine in Post-Surgical Care of Esophageal Atresia and Tracheoesophageal Fistula Repair; OMT: A Potential treatment for succinylcholine-induced postoperative myalgia-A scoping review; Melanoma: Could the answer lie with the fishes?*

SEAN O'SHAUGHNESSY

Honors: Rural and Wilderness Medicine Track; Honors in Molecular and Cellular Mechanisms, Immunology, Pulmonology I, PCM III, and OPP III/IV Courses; Best Neck Beard for No Shave November Competition (2018); 3rd Place in Medical Wilderness Adventure Race (2018). **Positions:** Helped Found RVU-SU's Student American Osteopathic Association of Orthopedics (SAOAO) Club; Treasurer of SAOAO (2018). **Volunteer:** Youth Soccer Coach (2018); Prepared and Taught Elementary After-School Health Science with Community Outreach and Medical Mentors Club (2018); Prepared Neuroanatomy Lab Study Material for Classmates for Tutoring Group (2018). **Miscellaneous:** Served as Christmas Elf at Dixie Regional Medical Center (2018).

MARCUS OLIVER

Honors: Physician Scientist Track; 1st Place Poster Presentation at RVU Research Day; Tip of the Spear Award; Love You and Leave You Award. **Positions:** Vice-President of Communications for SGA; Delegate for Council of Student Government Presidents; President and Founder of Anesthe-

sia Club; Vice-President and Founder of Doctor in Business Society; Vice-President of Communications for SGA; Communications Officer for Class Council. **Volunteer:** Peer Mentor; Ecuador Medical Outreach (2019). **Research:** *Bones, Groans, and Metal: The Effects of Orthopedic Hardware on Chronic Postoperative Pain; BMI & Body Fat Changes in First Year Medical School Students.*

ALEXANDER ORTIZ

Honors: Military Medicine Program.

JANAK PATEL

Honors: Runner-Up for Best of Conference at SOSA Conference Poster Competition. **Positions:** Vice-President of Ultrasound Society. **Volunteer:** PCM Tutor; Health Fair; Utah Food Bank; Jubilee of Trees Fundraiser. **Research:** *Nephrotoxic Medications. Miscellaneous:* Winner of Intramural Flag Football; Learned How to Snowboard.

JESSICA (VERGARA) PERKINS

Honors: MSBS Humanitarian Award. **Volunteer:** Active in Diversity and Inclusion Task Force. **Research:** *Complete Genome Sequences of Cluster P1 and Cluster C1 Mycobacterium smegmatis Phages Jung and Ronan.* Published in *Microbiology Resource Announcements.*

ANDREW PHAN

Honors: Best in Radiology Poster at SOSA Conference Poster Competition. **Positions:** Treasurer for Community Outreach and Medical Mentors Club. **Volunteer:** Southern Utah Veterans Home; Huntsman World Senior Games. **Research:** *Ultrasound shear wave elastography in assessment of skeletal muscle stiffness in senior volunteers; Multiparametric Ultrasound to Assess Adult Carotid Arteries.*

NATALIE PRATT

Honors: Military Medicine Program. **Positions:** Founded and President of RVU-SU's Student Association of Military Osteopathic Physicians and Surgeons. **Volunteer:** Veterans Home; Utah Food Bank. **Miscellaneous:** Participated in Miss Utah Pageant (2019).

JONATHAN PULSIPHER

Positions: Member of American College of Osteopathic Surgeons Student Section. **Volunteer:** Tutor. **Research:** *When Eagerness Leads to Mistakes: The Importance of Learning to Walk Before Running* (published in *Doximity's Op-Med*).

MICHAEL REES

Honors: Academic Medicine and Leadership Track. **Positions:** National Liaison Officer and member of National Student Osteopathic Medical Association (2018-19). **Volunteer:** Switchpoint Food Pantry (2017-19). **Research:** *Why We*

“Being part of the inaugural class was not easy at times but I felt that the staff and administration always did everything possible to watch out for us students. I appreciate all of your efforts and am proud of the training I received!” Sterling Stolle

Need More Physician Leaders.

BEN ROBBINS

Honors: Course Honors in Reproductive II and OPP III; Most Compassionate Student - Class of 2021 (2019).
Positions: SGA Officer of Student Wellness; President of STIGMA Club; Treasurer for Integrative Medicine Club and Psych/SIGN. **Volunteer:** Stake Activities Chair; Operation Underground Railroad; Dove Center; Switchpoint; Giving Tree; Church of Jesus Christ of Latter-Day Saints. **Research:** *BMI & Body Fat changes in Medical Students.* **Miscellaneous:** Presented at Utah Academy of Family Physicians (2020); Planned kit-building activity for community; created virtual speed-dating activity; juggled and unicycled at Southern Utah Veteran's Home.

CLARE RUDMAN

Honors: Rural and Wilderness Medicine Track. **Positions:** Vice-President and Chief Communications Officer for the Student initiative for Greater Mental Health Awareness. **Volunteer:** Peer Mentor. **Miscellaneous:** Organized 1st Annual Christmas Feminine Hygiene Product Drive.

RYAN SANCHEZ

Honors: Sigma Sigma Phi; Long Term Care Track.

CHRISTINE SEAWELL

Honors: First place in A. Hollis Wolf competition. **Positions:** NUFA Liaison; Co-President of SAAO; Co-President of CMDA. **Volunteer:** Wellspring Medical Clinic, JFS Food Delivery, Switchpoint Thrift Store.

HALEY SHUMWAY

Honors: Global Medicine Track; Brandon Trusell Community Service Award; 3rd Place in Medical Adventure Wilderness Race at Lake Tahoe; 1st Place for Research Presentation at Utah Osteopathic Medical Association Conference. **Positions:** National Student Secretary for American Medical Women's Association (AMWA); National Region 8 Director for AMWA (2020); Chapter Founder and President of AMWA. **Volunteer:** Peer Mentor; Diversity Task Force Leader. **Research:** *Perceptions on Prescription Opioid and Heroin Abuse* (published in *Journal of the American Osteopathic Association*).

TAYLOR SIRRINE

Honors: Rural and Wilderness Medicine Track. **Positions:** Student Ambassador. **Volunteer:** Ecuador Medical Trip. **Research:** *Utilizing Drones in Search and Rescue Operations to Rapidly Deliver Water to Dehydrated Victims Stranded in Remote Areas.*

DILLON SMITH

Honors: Sigma Sigma Phi; Academic Medicine and Leadership Track; Top 10% of Class.

JOEL SPEIR

Honors: Academic Medicine and Leadership Track. **Posi-**

tions: Founding Leadership Team for Young Doctors Program.

CHRISTOPHER STEWART

Honors: Academic Medicine and Leadership Track. **Positions:** Founder and Inaugural President of COMM; President of COMM Department of Student Association of American College of Osteopathic Family Physicians. **Volunteer:** Co-Founder, Organizer, and Educator of Pre-Med Student Mentorship Program; High School Cadaver Tour Program; Young Doctors Program; Coral Cliffs Elementary After-School Program; Educator at Red Mountain and Vista Elementary's Maturation Programs and STEM Fair; Pre-Med Advisor; Pre-Med Open House; Santa Clara Swiss Days 5k; Uintah High School Guest Lecturer; Uintah Invitational Science Olympiad Judge. **Research:** *Harmful Health Effects of Changing the Clocks: A Literature Review of Daylight Saving Time (DST).*

PARKER STOCKING

Honors: Global Medicine Track; Global Service Award; Clinical Year Award: Psychiatry. **Positions:** Founder and President of RVUCOM-SU Chapter of Student Osteopathic Medical Association. **Volunteer:** Blood Drive; RVU Community Health Fair Co-Organizer; National SOMA Charity Miles Event; Project Linus. **Research:** *Detection of micro-vascular retinal changes in type I diabetic mice with optical coherence tomography angiography; Topical Pergolide Enhance Corneal Nerve Regrowth Following Induced Corneal Abrasion; What to Expect When You're Expecting A Short Term Medical Mission: A Glance at Common Complaints in Rural Guatemala.* Published in *Experimental Eye Research* and *Investigative Ophthalmology and Visual Science.* **Miscellaneous:** Presented at RVU Research Day; Got Engaged!

STERLING STOLLE

Honors: Military Medicine Program; Department Award: Osteopathic Principles and Practice; Excellence in Clinical Studies; Course Honors in OPP I, III, and IV; Course Honors in Advanced Medical Ethics and Psychiatry System; Health Professions Scholarship Program. **Positions:** Vice-President of Student Academy of Osteopathy. **Volunteer:** OPP Tutor; Ultrasound Tutor; Operation Underground Railroad; Dixie State Ballroom Competitions; St. George Marathon Medical Tents; Dixie State Sports Physicals; Spring Community Health Fair; RVU Community Open House; Iron Man Runners Aid Station; Veterans Home. **Research:** *Common Neuromusculoskeletal Complaints and Somatic Dysfunctions of 1st and 2nd Year Medical Students.*

KELLI TICHY

Honors: Global Medicine Track; 2021 Excellence in Public Health Award; Gold Award in Community Service; IDSA Mentee Travel Grant Recipient. **Positions:** Founder and Chapter President of DOCARE International; Global Health Representative of Council of Osteopathic Student Government Presidents; Ambassador for Days of Diversity Series. **Volunteer:** Days for Girls International; Clinical Volun-

teerism in Ecuador, Guatemala, Dominican Republic, and Kenya. **Research:** *Viral Infection through Breastfeeding; Ultrasound of the Head and Neck.*

JACOB TINDLE

Honors: Military Medicine Program.

MY-TRANG LISA TRAN

Honors: MSBS Service Award.

BRANDON TRUJILLO

Honors: Military Medicine Program. **Positions:** Treasurer of American College of Osteopathic Physicians (2018); Social Chair of Student Association of Military Osteopathic Physicians and Surgeons (2018). **Volunteer:** Veterans Home; Utah Food Bank.

JORDAN VALENTA

Honors: Military Medicine Program.

TAYLOR VAN LEEUWEN

Honors: Long Term Care Track; Clinical Year Award: Physical Medicine and Rehabilitation. **Positions:** Vice-President of Ultrasound Society Club; Vice-President of Student Osteopathic Medical Association. **Volunteer:** Four Seasons of Youth Lacrosse Assistant Coach; Ultrasound Labs for Pre-Med Groups; Ultrasound Lab for Student Osteopathic Surgical Association National Conference.

JAKE VAN WEEZEP

Honors: Military Medicine Program; 3rd Place (Outstanding Student) at the Intensive Surgical and Trauma Skills Course. **Volunteer:** Blood Donor Screener for American Red Cross; Coral Cliffs Elementary After-School Program; Dixie State University Rural Health Scholars/Pre-Med Group Outreach; Aid Station Volunteer for St George Marathon and Ironman Competitions; Student Ambassador; Principles of Clinical Medicine Tutor.

CONNOR WEISSER

Honors: Academic Medicine and Leadership Track.

MICHAEL WESTON

Honors: Sigma Sigma Phi. **Positions:** Treasurer of Ultrasound Club; Honor Code Committee Member. **Volunteer:**

Utah Food Bank; United Way Haunted House Supervisor; St. George Half Marathon; Humane Society of Western Montana. **Research:** *Using Formalin Embalmed Cadavers to teach fracture identification with ultrasound* (published in *BMC Medical Education*). **Miscellaneous:** Presented at World Congress on Ultrasound in Medical Education.

MICHAEL (CHRISTIAN) WHITTIER

Honors: Honored in OPP III (2019). **Research:** *BMI and body fat changes in medical students.* **Miscellaneous:** Presented at Student Osteopathic Surgical Association Conference (2019).

WILLIAM WHITTIER

Honors: Rural and Wilderness Medicine Track.

JARED WILSON

Honors: Academic Medicine and Leadership Track.

JULIA WINJE

Honors: Long Term Care Track; Clinical Year Award: Internal Medicine. **Positions:** Student Body Vice-President; Vice-President of American Medical Women's Association.

SAMUEL ZARBOCK

Honors: Academic Medicine and Leadership Track; Student Doctor of the Year; COSGP Esteemed Speaker Award. **Positions:** National Chair of the Council of Osteopathic Student Government Presidents; President of Doctors in Business Society; Student Body President; Vice-President of Communications. **Volunteer:** Operation Underground Railroad. **Miscellaneous:** Invented Surgical Equipment and Pursuing a Patent.

KAITLIN ZUSPAN

Honors: Physician Scientist Track; Clinical Year Award: Pediatrics; Sigma Sigma Phi. **Positions:** Vice-President of SOMA. **Research:** *What to Expect When You're Expecting a Short-Term Medical Mission: A Glance at Common Complaints in Rural Guatemala; Neurotoxic Effects of General Anesthesia in Children; Quantifying Differences in Lesion Size with Variable Parameter in Cardiac Radiofrequency Catheter Ablation; Attitudes Toward OMT in First and Second Year Osteopathic Medical Students.*

SHOWING GRATITUDE

JONATHAN AKSTINAS

I want to thank my wife for always believing in me.

EMILY ANDERSON

[Thank you] to all of you, my colleagues: for teaching me, for your friendship, for your examples of commitment to your goals—and for your future curbside advice. ☺ To the other Class Council members: for your examples of leadership/professionalism, creativity, and commitment to our class members' voices. And most of all to Kolton, my husband: of course. For our late-night study dates in either the DSU or RVU library, for withstanding the mood lability of constant stress (particularly during boards...), for listening to me process things aloud on our nightly walk-'n-talks, for supporting my lengthy fitness goals, and for offering me more unequivocal support than any other human on this planet. You can't imagine how important that support has been for my success.

PATRICK ARPIN

Thank you to my loving parents (Dr. Jeffrey and Pamela Arpin) and sisters (Catherine Bolduc, Jennifer Arpin). Your love, support, and guidance through this journey have been integral to my success. Thank you to Drs. [Andrew] Nigh, [Michael] Tieman, and Robinson for your mentorship, direction, and support to prepare me for surgical residency. Finally, to my wonderful and amazing girlfriend Kym, your love and support throughout medical school has been my candle on the water. I look forward to our journey together through residency and beyond.

SEAN BAILEY

[Thank you to] my amazing wife and children for being so supportive, Dr. [Dale] Woodbury for putting together such excellent PowerPoint presentations for his lectures, and my mentor Johnnie Cook, MD, for inspiring me to become a family physician. Also, all of my PCM physician professors were exceptional and I want to thank them, as well.

RICHARD BALLUYOT

I would like to thank my wife for supporting me through med school and sacrificing her dreams for a bit so I could follow mine. I also want to thank my father who raised two compassionate and caring physicians by himself.

BRYAN BEATY

I'd like to thank my wife, my parents, my brother, and the rest of my family for all of their love and support that has led me to this point. I'd also like to thank the R&R group for their support and the lifelong friend-

ships I've developed among the group.

RAUL GABRIEL BETANCOURT-PEREZ

I would like to thank my wife, Emilie, for all of the help she provided me and our two beautiful girls throughout these last four years. I wouldn't have gotten this far without her. I would like to thank Dawnett and Rick Hann for their continued support throughout my four years at RVU.

JONATHAN BRICK

I would like to thank my wonderful wife Sarah for always being there for me, as well as my mother, father, and grandparents.

MATTHEW BROCKWAY

Special thanks to my wife and son for always being loving and supporting, for always bringing light into my life. I love you both!

JACOB BURCH

I would like to thank my wife and family for dealing with my incessant whining and moaning and still loving me somehow. I'd also like to thank the RVU staff, including Security and Housekeeping. Too many people to name but your smiles, kindness, and jokes kept me sane. I would also like to shout out my anatomy table for dealing with my Magna Carta propaganda! Also, shout out to Rachel Leavitt for our old-person walks. Shout out to Thomas Casillas for the hot chocolate and Julia Winje for helping convince him to make it. I would also like to thank Ric Flair for his swagger. Very inspiring.

ETHAN BURKE

I would like to thank Dr [Jan] Pryor, my beautiful parents, Kelli Tichy, Andrew Knauf, Dr. Tod Clapp, David Coppock, Iris from Sunny Vista, Angus Day, Maye Aquino-Turkington, my grandparents, my best friends, and my family. What a road it has been.

ANTHONY CASPER

I'd like to thank my incredible wife, amazing parents, and supportive parents-in-law. Also, thank you to the pickleball track for helping me achieve my goals.

STELLA CHAN

I would like to express my heartfelt gratitude to my friends, mentors, and family for their unwavering support and love. I wish to honor my late cousin, Kathy Chau, for showing me what true courage and strength look like during insurmountable times. I hope to keep making you proud. In loving memory 3/24/2021.

WILLIAM (KYLE) CHRISTENSEN

I want to thank my family, my supportive friends back home, everyone in RnR who kept me sane during school, and most of all, my wife.

JASON CORLESS

I would like to express appreciation to my amazing roommates and lifelong friends: Andrew, Mike, and Ben. I want to thank my parents, my family, and my wonderful wife, Savanna, for their loving support.

JORDAN DE LISLE

I would like to give a special thanks to Kate. Without her, none of this would be possible. She truly believed in me and has sacrificed so much of her life to get us where we are today. I love you, babe!

JESSE DEWEY

Everything that I accomplished in medical school was all possible because of my wife. She silently and selflessly set aside all of her interests and aspirations in order to support me in every way possible. Throughout all four years of school, she provided me with unending words of encouragement, the world's greatest advice, and the unconditional love I needed but didn't always deserve. She is the most perfect cheerleader, the ultimate hype man, and my most trusted friend. Everything we accomplish in the future will be possible because of the extraordinary amount of work Chelsea did for our family while in medical school.

DALLIN ELMER

I want to thank my wife, Shantel Elmer, who has been with me every step of the way. Many of which were full of stress, fear, joy, back to stress, then happiness, anxiety, a little terror, and finally back to joy. Luckily, faith was always in her stride. She has been nothing short of angelic in her support, unconditional love, and inspiration. My children, Elyza, Evangelyne, Lochlen, and Emmaline have also been amazing throughout this journey by providing me with a perspective of what is important in life. I also want to thank my parents and family for always believing in me, encouraging me to become my best, and for constantly supporting my young family.

JOHN EVANS

I would like to thank my amazing wife for supporting me through this challenging period of our lives. She is always there to be my soundboard, help me laugh, and lift me up. I would also like to thank our parents, who have helped us emotionally, financially, and mentally. To my classmates, thank you for motivating me to be better and strive for excellence. To the faculty and staff, thank you for your instruction and guidance. A special thanks to Vie Van Noy for her continual mentorship and insight into being a kind leader. She always puts

others first and stands up as a voice for the smallest of us. Finally, thanks be to God for His guidance, strength, and blessings.

ROBERT GARRETT

Stephanie, thank you for your amazing strength, support and love. You have made so many sacrifices to allow me to chase my dreams and have helped me enjoy the journey along the way. I'm grateful to my kids for always being there with a big hug and an adventurous spirit. Carter and Chloe, you have always brightened my days and keep me excited about life. To my parents, thank you for being there throughout my entire life and supporting me in every goal I've pursued. You have helped me in countless ways and I owe so much to you. To my kool classmates, thank you for pushing me to do my best and having a lot of laughs along the way. You have been great friends to me, and I know you will be amazing physicians. So many of you have helped me get to this point. Thank you for the many acts of kindness that have been so helpful over the years. I love and appreciate you all!

CHRISTOPHER GAY

I would like to thank my amazing wife Amanda, parents Karrie and Wayne, dogs Bandit and Ruby, and my friends and family for their unwavering and constant support throughout my medical journey.

TYSON HAMILTON

I'd like to thank all the great staff and faculty at RVU, [as well as] all my fellow classmates, who all made medical school such a great experience. I am thankful for my study buddies that got me through the long hours. I am thankful for my family members who have supported me on this journey. And most importantly, I want to thank my beautiful wife, Lindsey, whom I could not have done this without her love and support!

AKOSUA HATCH

I'd like to thank my family, especially my mother and husband, for their unwavering support. My two little boys I had during medical school for changing my perspective on what success is. My medical school buddies, Emily, Jake Burch, and Jake Van Weezep for the laughs and pick-me-ups. And finally to Dr. [David] Park, Dr. [Andrew] Nigh, Dr. [Ben] Wilde, Dr. [Jill] Pitcher, Dr. [Jacqueline] Powell, [Kathy Killian-] Harmon, Judy Thornton, Lynne Stevenson, Alexis Horst, and Maye Aquino-Turkington for guiding me through my medical school journey.

COLSON HEALY

I want to thank my wife, Tiara, first and foremost. Her constant support and love were a daily balm to my often-overwhelmed spirit. The sacrifices she made (and continues to make) to support my education and

career are a continual source of inspiration to me. Love you forever T. Also, to my family, friends, and all the amazing faculty and preceptors at RVU for their support, patience, and teaching. I couldn't have done this without all of you.

ALEXANDER HETRICK

I would like to thank my mom for raising me to explore the world and dream big, and I would like to thank my dad for giving me the hard work ethic to follow through on those dreams.

AUSTIN HORN

[Thank you to] my mother and my father, as well as my classmates.

ANDREW HUNT

Huge thank you to amazing faculty and staff like Drs. [Andrew] Nigh and [Clyde] Jensen and Lynne [Stephenson] in the Library! Thanks also to a one-of-a-kind study group. May "The Kooler" live forever. Most importantly, thank you to my amazing support at home, especially my dear wife Michelle and awesome kids Sawyer, Tennyson, and Harper.

GRACE ISAACSON

I want to thank all of our faculty and my fellow members of the Student Council for their hard work and dedication to our students. I would also like to thank my classmates who I consider family. We truly had the class with the best camaraderie. In particular, I would like to thank my following mentors: Lynne Stephenson for always creating a warm welcoming environment at RVU; Susan Strickland for her positivity and encouragement on test days; Vie Van Noy for her continuous dedication to making sure our students were taken care of; Dr. [David] Crimin for teaching me important life lessons in end-of-life palliative care; Dr. [Jan] Pryor, Dr. [Judy] Caldwell, and Dr. [Christopher] Edwards for showing us the value in our hands and in healing touch; Dr. [Dale] Woodbury and Dr. [Matthew] Linton for putting the fun back into lectures and learning; Dr. [Ben] Wilde for always wearing a smile; Dr. [Walter] Buck, Dr. [Nena] Mason, Dr. Woodbury, Neal, Carson, for making anatomy a little easier to understand; Dr. [Jing] Gao and our team for helping me to bring an RVU Ultrasound Manual into a reality; Dr. [Andrew] Nigh and Dr. Davey for making suturing and surgery fun! Last, but not least I want to thank my father in heaven, my parents and siblings, my husband John Isaacson, and my children, Grace Jr, Jeremy, and Adelynn for supporting me through the past four years. Without them, I would be lost.

BORIS JOUTOVSKY

Thank you to all of my family and friends who stood by me and supported me through medical school! We

succeeded together!

JUSTIN JUDD

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“I’m incredibly grateful for all of the wonderful people I had the opportunity to meet while at RVU. I can’t wait to send you all official consults throughout our careers!”
Taylor Sirrine



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