

COMMENCEMENT CLASS OF 2022



ACHIEVING NEW HEIGHTS IN
MEDICAL EDUCATION

MISSION STATEMENT

Rocky Vista University
provides quality healthcare education
while inspiring students to serve with
compassion, integrity, and excellence.



ROCKY VISTA UNIVERSITY SOUTHERN UTAH
COLLEGE OF OSTEOPATHIC MEDICINE
CLASS OF 2022 COMMENCEMENT
FOURTEENTH OF MAY
TWO-THOUSAND TWENTY-TWO



LETTER FROM THE PRESIDENT



Dear Southern Utah Class of 2022, Families, Faculty, and Members of the RVU Community,

Today is a celebration, not only for the students but for everyone who has played a foundational role in their lives. They wouldn't be here today if not for your support, love, and confidence.

Graduates: today, you take the next steps in your career, entering the healthcare workforce at a time when you are most needed, ready and prepared to take your place alongside the rest of the medical team of which you have earned the right to be a part.

You are joining a network of approximately 114,000 practicing osteopathic physicians across the nation. By joining this network, you become part of a club of providers dedicated to finding and promoting health in all your future patients. Be loyal to your profession and remember to treat all of your patients with the utmost compassion and care. Remember that everyone is someone's loved one – treat them as you would your own family.

As you transition from RVU Students to Alumni, remember to express gratitude to those who have helped you on your journey – family, friends, faculty, and staff – all of whom cheered you on during the good times, as well as those challenging moments, and now share the sense of pride and accomplishment with you. Also, remember that you are always a part of the RVU Family. Never stop learning and growing in mind, body, and spirit; in doing so, you will become an integral member of the communities you serve.

We look forward to your future accomplishments and know that you will make us proud!

Warmest regards,

David A. Forstein, DO
President, CEO, and Provost

ORDER OF CEREMONY

PROCESSIONAL AND POSTING OF COLORS

NATIONAL ANTHEM

Timothy Light, OMS II

INVOCATION

Thomas N. Told, DO, FACOFP-dist.; Acting Associate Dean for
Rocky Vista University College of Osteopathic Medicine

WELCOME AND ANNOUNCEMENT OF PURPOSE

David A. Forstein, DO; President, CEO, and Provost of Rocky Vista University

GREETINGS FROM BOARD OF TRUSTEES

Maha Sallam, PhD; Chair, RVU Board of Trustees

COMMENCEMENT ADDRESS

Lincoln Nadauld, MD;
Vice President and Chief of Precision Health and Academics, Intermountain Healthcare

PRESENTATION AND HOODING OF THE COLLEGE OF OSTEOPATHIC MEDICINE

CONFERRAL OF DO DEGREE

David A. Forstein, DO

ALUMNI GREETINGS AND OSTEOPATHIC OATH

Ryan Greene, DO '15; RVU Alumni Association President-elect

DEAN'S CHARGE

Heather Ferrill, DO, MS, MEdL;
Dean of Rocky Vista University College of Osteopathic Medicine

MILITARY COMMISSIONING CEREMONY

Brigadier General Robert Enzenauer, MD

CLOSING REMARKS

David A. Forstein, DO

RECESSIONAL

THE OSTEOPATHIC OATH

I do hereby affirm my loyalty to the profession I am about to enter. I will be mindful always of my great responsibility to preserve the health and the life of my patients, to retain their confidence and respect both as a physician and a friend who will guard their secrets with scrupulous honor and fidelity, to perform faithfully my professional duties, to employ only those recognized methods of treatment consistent with good judgment and with my skill and ability, keeping in mind always nature's laws and the body's inherent capacity for recovery.

I will be ever vigilant in aiding in the general welfare of the community, sustaining its laws and institutions, not engaging in those practices which will in any way bring shame or discredit upon myself or my profession. I will give no drugs for nefarious purposes to any person, though it may be asked of me.

I will endeavor to work in accord with my colleagues in a spirit of progressive cooperation and never by word or by act cast imputations upon them or their rightful practices.

I will look with respect and esteem upon all those who have taught me my art. To my college and my profession, I will be loyal and strive always for its best interests and for the interests of the students who will come after me.

I will be ever alert to further the application of basic biologic truths to the healing arts and to develop the principles of osteopathic medicine which were first enunciated by Andrew Taylor Still.

FELLOWS

JACOB ROBERT EGGETT

Osteopathic Principles and Practice Fellow
Emergency Medicine
HCA Healthcare | USF Morsani GME
Oak Hill, Florida

JOANNA VALENTINE GREENHALGH

Osteopathic Principles and Practice Fellow
Academic Medicine and Leadership Track
Family Medicine
Florida State University College of Medicine
Fort Myers, Florida

EMILY RAE JENSEN

Osteopathic Principles and Practice Fellow
Academic Medicine and Leadership Track
Family Medicine
Eastern Idaho Regional Medical Center
Idaho Falls, Idaho

PAOLYNE MEZA

Osteopathic Principles and Practice Fellow
Pediatrics
University of Connecticut School of Medicine
Hartford, Connecticut

CHAD J. SKIDMORE *

Anatomy Fellow
Transitional Year
Campbell University
Conway, South Carolina

REBECCA J. THOMAS

Anatomy Fellow
Emergency Medicine
Orange Park Medical Center
Orange Park, Florida

TAYLOR JAMES YANCEY *

Anatomy Fellow
Pediatrics
Children's Mercy Hospital
Kansas City, Missouri

DOCTOR OF OSTEOPATHIC MEDICINE - CLASS OF 2022

KYLE STERLING ANDERSON

Family Medicine
Kadlec Regional Medical Center
Richland, Washington

LORON W. ASHCROFT

Military Medicine Program
Internal Medicine
Keesler Air Force Base
Biloxi, Mississippi

KOVIC S. BAILEY

Family Medicine
University of Texas Health Sciences Center
Tyler, Texas

NATHAN ALLEN BALKMAN

Physician-Scientist Track
Emergency Medicine
Sunrise Health GME Consortium
Las Vegas, Nevada

KYLE REED BARKDULL

Family Medicine
HealthONE
Aurora, Colorado

KEVIN MARK BATEMAN

General Surgery
McLaren Health Care Corp
Mount Clemens, Michigan

COLTON DEAN BECK

Emergency Medicine
St. Elizabeth Health Center
Boardman, Ohio

SHAELYNN BLIXT

Long Term Care Track
Internal Medicine
Prisma Health |
University of South Carolina School of Medicine
Greenville, South Carolina

BRANTLEY BOND

Rural and Wilderness Medicine Track
Family Medicine
St. Mary's Medical Center | SCL Health
Grand Junction, Colorado

VALENTINA CASACCIA BONNEFIL

Pediatrics
Cincinnati Childrens Hospital Medical Center
Cincinnati, Ohio

DEVIN CHRISTOPHER BOURNE

Family Medicine
St. Anthony Hospital North
Westminster, Colorado

RYAN EMILY BRAUMANN

Long Term Care Track
Psychiatry
Campbell University | Cape Fear Valley
Fayetteville, North Carolina

JONATHAN BRICK

Academic Medicine and Leadership Track
Pediatrics
University of Texas Health Sciences Center
San Antonio, Texas

KEVIN DEAN BRIGHTON

Family Medicine
Texoma Medical Center
Denison, Texas

MILES D. BROOKS

Military Medicine Program
Rural and Wilderness Medicine Track
Family Medicine
Nellis Air Force Base
Las Vegas, Nevada

BLAKE WADE CHRISTENSEN

Physician-Scientist Track
Family Medicine
Trios Health
Kennewick, Washington

RYAN KELLY CHRISTENSEN

Family Medicine
Lincoln Medical Education Partnership
Lincoln, Nebraska

GARRETT KEITH CLEMENT

Academic Medicine and Leadership Track
Preliminary Surgery
Sunrise Health GME Consortium
Las Vegas, Nevada

AUTUMN MARISSA DACH

Rural and Wilderness Medicine Track
Transitional Year
Sunrise Health GME Consortium
Las Vegas, Nevada

Physical Medicine and Rehabilitation
Mayo Clinic School of Graduate Medical Education
Rochester, Minnesota

BRYAN JAY DAINES

Physician-Scientist Track
Dermatology
Beaumont Health
Trenton, Michigan

DANIEL DASKALAKIS

Rural and Wilderness Medicine Track

EDWIN SELDON DAVIS

Global Medicine Track
Family Medicine
Comanche Medical Residency
Comanche, Texas

JESSICA DEANE

In Loving Memory

NATHAN STEPHEN DOYEL JR.

Academic Medicine and Leadership Track
Family Medicine
Still OPTI | Northeast Regional Medical Center
Kirksville, Missouri

KATSIARYNA DUBROUSKAYA

Pediatrics
Medical College of Wisconsin Affiliated Hospitals
Milwaukee, Wisconsin

LANCE EARNSHAW *

Long Term Care Track
General Surgery
Geisinger Health System
Danville, Pennsylvania

REBEKAH C. EDWARDS

Long Term Care Track
Family Medicine
McKay-Dee Hospital Center
Ogden, Utah

MARCUS ALEXANDER FARRAND

Family Medicine
St. Josephs Regional Medical Center
Mishawaka, Indiana

ANDREW DOUGLAS FISHER

Academic Medicine and Leadership Track
Internal Medicine
Eastern Idaho Regional Medical Center
Idaho Falls, Idaho

RYAN TIMOTHY FITZNER

Emergency Medicine
Geisinger Health System
Danville, Pennsylvania

JACQUELYN GAIL FLOR

Pediatrics
University of Illinois College of Medicine |
OSF HealthCare
Peoria, Illinois

KATHRYN LOUISE FORNERIS

Rural and Wilderness Medicine Track
Psychiatry
University of Utah Health
Salt Lake City, Utah

MARISSA SUZANNE FOSTER

Global Medicine Track
Transitional Year
Southeast Health
Dothan, Alabama

Radiation Oncology
Indiana University School of Medicine
Indianapolis, Indiana

AARON M. FREED

Transitional Year
Inspira Health Network
Mullica Hill, NJ

NURIYA GADIWALLA

Emergency Medicine
St. Vincent Health Center
Erie, Pennsylvania

RYAN S. GEIST *

Class Valedictorian
Transitional Year
Campbell University | Sampson Regional Medical Center
Clinton, North Carolina

Dermatology
Campbell University | Sampson Regional Medical Center
Clinton, North Carolina

JONATHAN LEE GIBBS

Family Medicine
Texas Tech University Affiliates
Lubbock, Texas

SARAH GWEN GOASLIND

Family Medicine
Creighton University
Phoenix, Arizona

MAX RISHEL GOVE

BENSON RYAN GUNTHER

Internal Medicine
Abrazo Health Network
Glendale, Arizona

DANIEL KENNETH HANSEN

Academic Medicine and Leadership Track
Family Medicine
University of Oklahoma College of Medicine
Oklahoma City, Oklahoma

JONATHAN DAVID HANSEN *

Academic Medicine and Leadership Track
Internal Medicine
Kirk Kerkorian School of Medicine at
University of Nevada Las Vegas
Las Vegas, Nevada

JAMES D. HARLEY

Family Medicine
Prisma Health | University of South Carolina
School of Medicine
Columbia, South Carolina

NOLAN CHRISTIAN HARRIS

Long Term Care Track
Anesthesiology
University of Louisville School of Medicine
Louisville, Kentucky

AKOSUA ASABEA HATCH

Family Medicine
McKay-Dee Hospital Center
Ogden, Utah

ROK RICHARD HOLMES *

Family Medicine
Family Medicine Residency of Idaho
Nampa, Idaho

ALEXANDER BRANDT HOWARD

Long Term Care Track
Family Medicine
Ventura County Medical Center
Ventura, California

STEVEN HOWELL

Family Medicine
Midwestern University OPTI
Kingman, Arizona

BRENT HUNTER

Military Medicine Program
Emergency Medicine
Sunrise Health GME Consortium
Las Vegas, Nevada

STEVEN K. IPSEN JR.

Anesthesiology
Oklahoma State University Center for Health Sciences
Tulsa, Oklahoma

DAVID BENJAMIN JEFFS

Physician-Scientist Track
Preliminary Surgery
University of Colorado School of Medicine
Denver, Colorado

CHRISTINE SU SU KHIN KAI

Family Medicine
PIH Health Downey Hospital
Downey, California

SHANE ALEXANDER KAYSEN

Pathology - Anatomic and Clinical
University of Utah Health
Salt Lake City, Utah

CONOR P. KELLY

Global Medicine Track
Internal Medicine
OhioHealth | Riverside Methodist
Columbus, Ohio

MORGAN AMY KETTERLING

Rural and Wilderness Medicine Track
Emergency Medicine
University of Utah Health
Salt Lake City, Utah

CHRISTIAN KNOBLOCH

Internal Medicine
Redmond Regional Medical Center
Rome, Georgia

MATTHEW STEPHEN KOLLER

Rural and Wilderness Medicine Track
Pediatrics
University of Nebraska Medical Center
Omaha, Nebraska

VISHAL KOTTAPALLI

Family Medicine
Kadlec Regional Medical Center
Richland, Washington

TYLER LAGRANDE KUNZ

Family Medicine
Idaho State University
Pocatello, Idaho

RAYMOND JOHNSON KWONG

Emergency Medicine
Western Michigan University Stryker School of Medicine
Kalamazoo, Michigan

DEVEN LYNN LARISCH

Long Term Care Track
Neurology
Baylor Scott and White Medical Center
Temple, Texas

REBECCA HUANG LEE

Rural and Wilderness Medicine Track
Family Medicine
Kaiser Permanente Orange County
Santa Ana, California

MARGARET J. LIEDERBACH

General Surgery
Wright State University Boonshoft School of Medicine
Dayton, Ohio

CHRISTOPHER A. LYONS

Academic Medicine and Leadership Track
Pediatrics
University of Iowa Hospitals and Clinics
Iowa City, Iowa

RACHEL ALISON MARES

Global Medicine Track
Obstetrics and Gynecology / Osteopathic
Metro Health | University of Michigan Health
Wyoming, Michigan

MANUELA MARIN SALCEDO

Family Medicine
Providence Hospital
Anchorage, Alaska

ELISE MARTIN

Family Medicine
Baylor University Medical Center
Dallas, Texas

RAZAAN A. MATEEN *

Academic Medicine and Leadership Track
Anesthesiology
Medical College of Georgia
Augusta, Georgia

CHRIS MAUGHAN

Academic Medicine and Leadership Track
Anesthesiology
University of Alabama Medical Center
Birmingham, Alabama

BLAKE JEFFREY MCKINLEY *

Academic Medicine and Leadership Track
Internal Medicine
Mayo Clinic School of Graduate Medical Education
Jacksonville, Florida

JARED S. MCOMBER

Family Medicine
Halifax Medical Center
Daytona Beach, Florida

TYLER ANTHONY MENZIES

Transitional Year
Merit Health Wesley
Hattiesburg, Mississippi

STUART MALCOM MONTENEGRO

Military Medicine Program
Family Medicine
Offutt Air Force Base
Omaha, Nebraska

GIOVANNI MONTESANO

Psychiatry
University of Central Florida | HCA Healthcare GME
Gainesville, Florida

DEREK CHRISTOPHER MUNDAY *

Rural and Wilderness Medicine Track
Anesthesiology
University of Oklahoma College of Medicine
Oklahoma City, Oklahoma

CHRISTINA HOANG-YEN NGUYEN

Academic Medicine and Leadership Track
Family Medicine
Kaiser Permanente
Woodland Hills, California

BROCK ALDEN ORME

Long Term Care Track
Internal Medicine
University of Oklahoma College of Medicine
Tulsa, Oklahoma

TYSON OSWALD

Academic Medicine and Leadership Track
Family Medicine
University of Wyoming
Casper, Wyoming

AUSTIN PAGE

Anesthesiology
Loyola University Medical Center
Maywood, Illinois

TELYN JAMES PETERSON

Military Medicine Program
Transitional Year / Ophthalmology
San Antonio Military Medical Center
San Antonio, Texas

ANTON PHAM

Transitional Year
St. Agnes Medical Center
Fresno, California

Physical Medicine and Rehabilitation

University of California Los Angeles |
VA Greater Los Angeles Health System
Los Angeles, California

AUSTIN ALAN POULSON

Rural and Wilderness Medicine Track
Emergency Medicine
Mercy Health Muskegon
Muskegon, Michigan

JONATHAN POULSON

Academic Medicine and Leadership Track
Emergency Medicine
HCA Houston Healthcare | University of Houston
Kingwood, Texas

KAYD JAMES PULSIPHER *

Long Term Care Track
Transitional Year
Campbell University | Sampson Regional Medical Center
Clinton, North Carolina

Dermatology

Campbell University | Sampson Regional Medical Center
Clinton, North Carolina

ERYN REAGER

Family Medicine
Trios Health
Kennewick, Washington

SKYLAR G. RIGGS *

Military Medicine Program
Emergency Medicine
Nellis Air Force Base | University of Nevada Las Vegas
Las Vegas, Nevada

MIKALA RAE RUSSELL

Global Medicine Track
Pediatrics
Childrens Hospital - NEOMED
Akron, Ohio

ROBERT CARSON RUSSELL

Rural and Wilderness Medicine Track
Emergency Medicine
University of Illinois College of Medicine |
OSF HealthCare
Peoria, Illinois

ZOYA SANDHU

Global Medicine Track
Internal Medicine
University of Oklahoma College of Medicine
Tulsa, Oklahoma

CHRISTOPHER JOHN SAUCEDA

Family Medicine
Campbell University | Conway Medical Center
Conway, South Carolina

KYLE J. SCHOLTEN *

Internal Medicine
University of Nebraska Medical Center
Omaha, Nebraska

KYLE STEVEN SELJAAS

Psychiatry
Baylor Scott and White Medical Center
Temple, Texas

LOTF SENNAIN

Pediatrics
University of New Mexico School of Medicine
Albuquerque, New Mexico

COURTNEY BROOKE SHILL

Rural and Wilderness Medicine Track
Obstetrics and Gynecology
University of Illinois College of Medicine
Peoria, Illinois

BRAIDEN R. SHUMWAY

Academic Medicine and Leadership Track
Family Medicine
Halifax Medical Center
Daytona Beach, Florida

JULIA AZZIE SIAR

Rural and Wilderness Medicine Track
Psychiatry
University of Washington Affiliated Hospitals |
UW Montana
Seattle, Washington

LANE FIELDING SMITH JR.

Academic Medicine and Leadership Track

TRIENT BOYD SPIRES

Military Medicine Program
Emergency Medicine
Albert Einstein Emergency Medicine Philadelphia Military
Philadelphia, Pennsylvania

BRENDEN LARSEN STARKEY

Rural and Wilderness Medicine Track
Family Medicine
Sutter Health | Amador
Jackson, California

BRAYDEN L. STEMBRIDGE

Academic Medicine and Leadership Track
Family Medicine
University of Texas Health Sciences Center
Tyler, Texas

MICHAEL DANIEL STEPHENS

Global Medicine Track
Pediatrics
Phoenix Childrens Hospital
Phoenix, Arizona

JEREMY KARL STONE

Academic Medicine and Leadership Track
Preliminary Surgery
Central Iowa Health System | Iowa Methodist
Des Moines, Iowa

Interventional Radiology
University of Nebraska Medical Center
Omaha, Nebraska

MIKENZIE LYNN STURDEVANT

Rural and Wilderness Medicine Track
General Surgery
Medical College of Georgia
Augusta, Georgia

DANIEL SULLIVAN

Anesthesiology
University of Kentucky Medical Center
Lexington, Kentucky

BRADLEY TAYLOR

Psychiatry
HCA Healthcare | USF Morsani GME
Largo, Florida

ABBY TRINH

Family Medicine
North Country HealthCare
Flagstaff, Arizona

MICHAEL JAMES TRUJILLO

Internal Medicine
University of Washington Boise
Boise, Idaho

AAISHAH VOHRA

Family Medicine
HCA Medical City Healthcare
Fort Worth, Texas

VICTOR COLE WARR

Rural and Wilderness Medicine Track
Internal Medicine
Providence Sacred Medical Center
Spokane, Washington

MATT TRANE WEBB

Family Medicine
Mercy Medical Center
Merced, California

DIRK TAYLOR WILSON
Internal Medicine
Baylor Scott and White Medical Center
Temple, Texas

JEFFREY BEN WINTER
Academic Medicine and Leadership Track
Family Medicine
Valley Health System
Las Vegas, Nevada

CHRISTIAN JAMES WISCOMBE
Internal Medicine
Beaumont Health
Royal Oak, Michigan

SYDNEY KEI WOODS *
Rural and Wilderness Medicine Track
Family Medicine
Family Medicine Residency of Idaho
Nampa, Idaho

KYLE WYER
Long Term Care Track
Internal Medicine
Providence Sacred Heart Medical Center
Spokane, Washington

SAMUEL RICHARD ZARBOCK
Academic Medicine and Leadership Track
Pediatrics
University of Wisconsin Hospital and Clinics
Madison, Wisconsin

KALVIN THOMAS ZEE
Academic Medicine and Leadership Track
General Surgery
Mercy Medical Center
Des Moines, Iowa

*Graduating with Honors

CONGRATULATIONS TO THE CLASS OF 2022 GRADUATION AWARD WINNERS

PRESIDENT'S AWARD
Mikala Russell

DEAN'S AWARD
Courtney Shill

CLASS VALEDICTORIAN
Ryan Geist

CLINICAL YEAR AWARDS
Family Medicine: Rok Holmes
General Surgery: Mikenzie Sturdevant
Internal Medicine: Blake McKinley
Obstetrics and Gynecology: Courtney Shill
Pediatrics: Valentina Bonnefil
Psychiatry: Ryan Braumann

EXCELLENCE IN CLINICAL MEDICINE AWARD
Daniel Sullivan

GLOBAL TRACK AWARD OF EXCELLENCE
Edwin Davis

MILITARY SERVICE AWARD
Telyn Peterson

**ACADEMIC MEDICINE AND LEADERSHIP TRACK
AWARD OF EXCELLENCE**
Braiden Shumway

LONG TERM CARE TRACK AWARD OF EXCELLENCE
Alexander Howard

DEPARTMENT AWARDS
Biomedical Sciences: Ryan Geist
Medical Humanities: Matt Webb
Osteopathic Principles and Practice: Telyn Peterson
Primary Care Medicine: Kathryn Forneris

WILLIAM G. ANDERSON RESILIENCY AWARD
Paolyn Meza

COMMUNITY SERVICE AWARD
Manuela Marin Salcedo

ACHIEVING NEW HEIGHTS EVERY DAY

KYLE ANDERSON

Positions: Volunteer Manager for Switchpoint Triage Center. **Volunteer:** Tutor; Switchpoint Triage Center; Sports Physicals. **Research:** *Evaluation and study of tectal CRF neurons which modulates food intake.*

LORON ASHCROFT

Honors: Military Medicine Program. **Positions:** Member of SAMOPS.

KOVIC BAILEY

Honors: Course Honors (PCM I; OPP II, IV). **Positions:** Ultrasound Scholar. **Volunteer:** Tutored CV I and II, GI, and MSK. **Miscellaneous:** Completed my first-ever marathon during second year; along with other students, took 6/60 teams in 50-mile relay race.

NATHAN BALKMAN

Honors: Physician-Scientist Track; Sigma Sigma Phi; 2020 Student Researcher of the Year; 2019 Excellence in Leadership Award. **Positions:** Member of RVU Institutional Review Board; President of Honor Code Committee. **Volunteer:** Ironman. **Research:** *Which Prognostic Index Is Most Appropriate in the Setting of Delayed Stereotactic Radiosurgery for Brain Metastases?; Teaching Ultrasound-guided Arthrocentesis of the Cadaveric Knee.* Published in *Frontiers in Oncology* and *Journal of Bone and Joint Surgery*.

COLTON BECK

Honors: Leadership Award. **Positions:** Event Coordinator for MSAUP Club. **Research:** NSAIDS and Bleeding Risk in EMRA Magazine. **Miscellaneous:** Completed Spanish Language Track.

SHAELYNN BLIXT

Honors: Long Term Care Track.

BRANTLEY BOND

Honors: Rural and Wilderness Medicine Track.

VALENTINA BONNEFIL

Honors: Clinical Excellence in Pediatrics Award. **Positions:** President of ACOP; National Liaison for ACOP. **Research:** *Region-specific myelin differences define behavioral consequences of chronic social defeat stress in mice; Fumarates target the metabolic-epigenetic interplay of brain-homing T cells in multiple sclerosis; A diet enriched with curcumin promotes resilience to chronic social defeat stress. A Pressing Case of Lithium Toxicity; Pediatric Weakness: No Need to Tick All the Boxes; Something is Afoot.* Presented at Society for Hospital Medicine Conference.

DEVIN BOURNE

Positions: Diversity Council; Diversity Committee. **Volun-**

teer: Peer Mentor; Osteopathic Tutor. **Miscellaneous:** "USH-Medstudent Lithium" Podcast Producer.

RYAN BRAUMANN

Honors: Gold Humanism Honor Society; Long Term Care Track; Clinical Excellence in Psychiatry Award; Most Compassionate Student (2020). **Positions:** Vice President of GHHS; Curriculum Representative of Class Council and SGA; Leadership Roles Within PsychSIGN/STIGMA, CMDA, and AMWA. **Volunteer:** RSQ+ Dogs; Utah AIDS Foundation; COMM's After-School Program. **Miscellaneous:** I ran two half-marathons in my second year of med school!

JONATHAN BRICK

Honors: Academic Medicine and Leadership Track. **Positions:** Communications Officer and Vice President of SOSA. **Research:** *Osteopathic Manipulative Medicine in Post-Surgical Management in Tracheoesophageal Repair.* Presented at SOSA National Conference. **Miscellaneous:** Played role of Santa Claus for Pediatric Club's Christmas at Dixie Regional Medical Center event.

KEVIN BRIGHTON

Honors: Honors in Several Courses and Clerkships. **Positions:** Founding Member of Ophthalmology Interest Group; Member of AAFP, ACOFP, and UMA. **Volunteer:** USU Eastern Pre-Health Class Guest Speaker. **Research:** *Ultrasound for Medical Education and Primary Care; Eye Pressure Checks: A New Standard of Care; A Novel Eigenvector-based Method to Detect Mild Alzheimer's Disease Using Event-related Potentials; IQ: Greatly Influenced by Early Family Life.* **Miscellaneous:** Personally delivering my third child.

MILES BROOKS

Honors: Military Medicine Program; Rural and Wilderness Medicine Track.

BLAKE CHRISTENSEN

Honors: Physician-Scientist Track; Sigma Sigma Phi.

RYAN CHRISTENSEN

Honors: Course Honors (Advanced Medical Ethics; OPP III, IV; PCM II, III). **Positions:** Ultrasound Scholar; Tutor for PCM; Treasurer/President for SAAO; Member of ACOFP and AAFP. **Volunteer:** Scout Leader for BSA; Teaching Fundamentals of Ultrasound; Surgery Week Instructor. **Miscellaneous:** Achieved POCUS Fundamentals Certification.

GARRETT CLEMENT

Honors: Academic Medicine and Leadership Track; Gold Humanism Honor Society; Sigma Sigma Phi.

AUTUMN DACH

Honors: Sigma Sigma Phi; Rural and Wilderness Medicine

Track. **Positions:** Co-President of Integrative Medicine Club; Volunteer Coordinator for Sigma Sigma Phi. **Volunteer:** Lead Peer Mentor; Tutor; Medical Youth Career Nights Mentor; Patient Navigator and Medical Scribe at Rehabilitation Services Volunteer Partnership Colorado Clinic. **Research:** *Severe Lumbar Degeneration and an Interdisciplinary Approach to Healing: A Case Report.* **Miscellaneous:** Medical Wilderness Adventure Race Challenge in South Lake Tahoe.

BRYAN DAINES

Honors: Physician-Scientist Track; Sigma Sigma Phi; 1st Place Poster at IAMSE; 2nd Place Poster at Utah Chapter of ACP. **Positions:** 2022 Class Council Treasurer. **Research:** *A retrospective analysis of lip-tie and tongue-tie release procedures and infant weight changes; A longitudinal investigation of the effects of medical school on mental health amid the COVID-19 pandemic; A new eruption of bullous pemphigoid in a patient after receiving the COVID-19 vaccination.*

DANIEL DASKALAKIS

Honors: Rural and Wilderness Medicine Track. **Positions:** Officer of SOSA; Member of WMSIG. **Volunteer:** Doctors Free Clinic; World Senior Games; Various Trail Cleanups. **Research:** *Ultrasound for Medical Education and Primary Care.* **Miscellaneous:** Convincing the Student Doctor of the Year to marry me.

EDWIN DAVIS

Honors: Global Medicine Track; Global Track Award of Excellence.

NATHAN DOYEL

Honors: Academic Medicine and Leadership Track; Sigma Sigma Phi. **Positions:** Honor Code Representative; National Liaison for ACOP; Member of ACOFP, ACOP, SUCA, and SOMA. **Volunteer:** Young Doctors Program.

KATSIARYNA DUBROUSKAYA

Positions: Vice President of ACOP; Treasurer of AMWA and IMIG. **Volunteer:** Cat Room Volunteer at RSQ+; Tutor; Peer Mentor.

LANCE EARNSHAW

Honors: Top 10% of Class; Gold Humanism Honor Society; Long Term Care Track; Sigma Sigma Phi.

REBEKAH EDWARDS

Honors: Long Term Care Track.

JACOB EGGETT

Honors: Predoctoral Osteopathic Principles and Practice Fellow.

ANDREW FISHER

Honors: Academic Medicine and Leadership Track; Sigma Sigma Phi.

JACQUELYN FLOR

Honors: Course Honors (Psych; OPP IV). **Positions:** COMM; First Year Representative and Liaison for AMWA. **Volunteer:** RSQ Dogs Animal Shelter; Tutor for Multiple Courses; Lead Tutor. **Miscellaneous:** I struggled my first year, but was able to overcome this challenge and be successful. Also, along with my mother, I was a keynote speaker at AMWA's Think Pink Party.

KATHRYN FORNERIS

Honors: Gold Humanism Honor Society; Rural and Wilderness Medicine Track; Sigma Sigma Phi; PCM Department Award.

MARISSA FOSTER

Honors: Global Medicine Track; Scholarship Nominee for AMA Alliance's "Grassroots Physicians of Tomorrow". **Positions:** Vice-President and Secretary for CMDA; Records Manager for SwitchPoint Triage Center; Secretary of SAAO; Member of AMWA, MSAUP, CMDA, and Physicians Against the Trafficking of Humans. **Volunteer:** OPP Tutor; Days for Girls. **Research:** *Viral Cardiomyopathy & Stroke in a Twenty-Four-Year-Old; TMD in Patient with History of Skull Fracture; The Importance of Sun Protection.* Presented at A. Hollis Wolf Competition. **Miscellaneous:** Medical rotation in Guatemala following earthquake and during pandemic.

RYAN GEIST

Honors: Class Valedictorian; Top 5% of Class; Biomedical Sciences Department Award; Gold Humanism Honor Society; Sigma Sigma Phi; Honors in Multiple Courses and Clinical Clerkships. **Positions:** Ultrasound Scholar; Founder and President of Radiology Interest Group; Member of AOCD, Medical Dermatology Society, International Society of Dermatology, ACOEP/WMSIG, AOA, and AMA. **Volunteer:** Course and Clerkship Lead Tutor; MRF Certified Melanoma Educator; Medical Support Staff for Huntsman World Senior Games; Ultrasound Competency; ACOEP/WMSIG Community Service; SOSA Convention; Medlife Mobile Medical Clinic; Idaho/Utah Foodbank; St. George Half Marathon; Youth Soccer Coach. **Research:** *Usage and engagement with Instagram by dermatology residency programs during the COVID-19 pandemic compared with Twitter and Facebook; A Scoping Review of Social Media Sites as a Tool for Clinical Trial Recruitment and Retention; Social Media and Clinical Research in Dermatology; Textbook Chapter: Genitourinary System-Ultrasound for Medical Education and Primary Care (AIUM); Surgical Management of Primary Melanoma; Non-Melanoma Skin Cancer Treatment Efficacy; Ultrasound As Early Detection for Vocal Cord & Tendon Injury.* Published in *Journal of American Academy of Dermatology, Jderm, and Springer: Current Dermatology Reports.*

MAX GOVE

Honors: Sigma Sigma Phi. **Positions:** President of Class Council; Undergraduate Coordinator for COMM. **Volunteer:** Washington School District Schools; Dixie State University; SOSA Conference; Utah Rural Health Scholars; SwitchPoint.

JOANNA GREENHALGH

Honors: Predoctoral Osteopathic Principles and Practice Fellow; Academic Medicine and Leadership Track. **Positions:** Founder and President of SAACOF. **Volunteer:** Lead Tutor; Student Ambassador; Family Medicine Booth Coordinator for Fall/Spring Health Fairs; Global Medicine Volunteer in Nicaragua. **Research:** *Musculoskeletal Complains and OMT in Osteopathic Medical Students*. **Miscellaneous:** CrossFit Medical Doctor Level 1 Certified Trainer.

DANIEL HANSEN

Honors: Academic Medicine and Leadership Track; Course Honors (AML I, II; Advanced Medical Ethics; OPP I, IV; PCM I, II, III; CV I; Medical Ethics; MSK I; Renal System I; Respiratory System I). **Research:** *BMI and Body Fat Percentage Changes in Medical Students*. Presented at RVU Research Day.

JONATHAN HANSEN

Honors: Academic Medicine and Leadership Track; Top 10% of Class; Gold Humanism Honor Society; Sigma Sigma Phi.

NOLAN HARRIS

Honors: Long Term Care Track; Sigma Sigma Phi.

ROK HOLMES

Honors: Top 10% of Class; Sigma Sigma Phi; Clinical Excellence in Family Medicine Award. **Positions:** Ultrasound Scholar; VP of Medical Technology of Ultrasound Society; Student Representative for UAFF; Vice President of MSRIG; Vice President of EBM Club.

ALEXANDER HOWARD

Honors: Long Term Care Track; LTC Track Award of Excellence.

BRENT HUNTER

Honors: Military Medicine Program; Course Honors (OPP III). **Positions:** President of Ultrasound Club; First-Year Representative for SAMOPS; National Air Force Second Year Representative for SAMOPS. **Research:** *Trauma Team Dynamics textbook: Problem Solving and Decision Making chapter*.

DAVID JEFFS

Honors: Physician-Scientist Track; Sigma Sigma Phi.

EMILY JENSEN

Honors: Predoctoral Osteopathic Principles and Practice Fellow; Academic Medicine and Leadership Track; 1st Place at 2021 National A. Hollis Wolfe Competition; RVUCOM-SU Most Compassionate Student (2017-18). **Positions:** Honor Code President, Vice President of Pediatrics Club; Secretary of AOA Club; RVU Peer Mentor and Team Lead. **Volunteer:** RVU Tutor; Mentor for AMWA; Run Station Volunteer for St. George Marathon and Iron Man; Kitchen Volunteer for Switchpoint. **Research:** *Investigating Efficacy of Different Forms of Patient Education for Stretches and Exercises; An*

Inexpensive Alternative to Treating Cervical Dysplasia in Low Resource Countries. **Miscellaneous:** Doing what many others told me could not and should not be done: being a mom in medical school! I would not have wished it any other way. My husband and sons have taught me how important it is to not lose focus on what matters most in life for me—my family!

CHRISTINE KAI

Volunteer: St. George PAWS; Prescribe It Forward.

CONOR KELLY

Honors: Global Medicine Track.

MORGAN KETTERLING

Honors: Gold Humanism Honor Society; Rural and Wilderness Medicine Track. **Positions:** RVU Student Ambassador; Member of AMWA. **Volunteer:** RVU Subject Tutor; Medical Volunteer for Iron Man; Medical Reserve Corp at Southwest Utah Public Health Department; Switchpoint Clinic.

MATTHEW KOLLER

Honors: Scholarship to Hazelden Betty Ford Foundation Summer Institute for Medical Students.

TYLER KUNZ

Honors: Rural and Wilderness Medicine Track.

DEVEN LARISCH

Honors: Long Term Care Track. **Positions:** Member of Medical Research Club. **Volunteer:** RVU Student Ambassador; RVU Orientation Peer Mentor; Tutor.

REBECCA LEE

Honors: Rural and Wilderness Medicine Track. **Positions:** Class Council Secretary; Student Ambassador. **Volunteer:** Prescribe it Forward; Local Sporting Events. **Research:** *Reliability of Performing Multiparametric Ultrasound in Adult Livers; The Effect of Water Intake on Ultrasound Tissue Characteristics and Hemodynamics of Adult Livers; Reliability of Measuring Multiparametric Ultrasound in Adult Liver*. Published in *Journal of Ultrasound in Medicine and Clinical and Experimental Hepatology*. Presented at Annual Integrative Ultrasound Meeting.

CHRISTOPHER LYONS

Honors: Academic Medicine and Leadership Track.

RACHEL MARES

Honors: Gold Humanism Honor Society; Global Medicine Track; OMS III Above and Beyond Award. **Positions:** President of Class Council/SGA; National Student Division Treasurer for AMWA; Member of COMM. **Volunteer:** Korah Kids (Ethiopia); Floating Doctors (Panama); Switchpoint Triage Center. **Research:** *The Role of GDF15 Genotype in Hyperemesis Gravidarum and Nausea and Vomiting of Pregnancy; Analysis of Treatment Guidelines for Hyperemesis Gravidarum and Nausea and Vomiting of Pregnancy; Exploratory Evaluation of Anxiety, Compliance and Perceptions of*

the COVID-19 Pandemic of Medical Students and Medical University Staff.

MANUELA MARIN SALCEDO

Honors: Gold Humanism Honor Society; RVU Community Involvement Award. **Positions:** Member of MSAUP; SOMA Opioid Overdose Prevention Taskforce. **Volunteer:** Switchpoint Triage Center; Hispanic Health Initiative; Youth Futures. **Research:** *Starting from Scratch: Founding a Student Run Free Clinic at a Newly Established Medical School; The Effect of Small Group Discussions regarding Topics of Identity on Development of Cultural Competence in Medical Students.*

ELISE MARTIN

Honors: Course Honors (CV I; Hematology and Immunology I; OPP II, III, IV). **Positions:** Member of OB/GYN Club and AMWA. **Volunteer:** Committee Head for OB/GYN Club for Spring Community Health Fair; Root for Kids; Days for Girls; Meals on Wheels.

RAZAAAN MATEEN

Honors: Academic Medicine and Leadership Track; Top 10% of Class; Sigma Sigma Phi.

CHRIS MAUGHAN

Honors: Academic Medicine and Leadership Track; Gold Humanism Honor Society. **Positions:** Event Coordinator for Anesthesia Club.

BLAKE MCKINLEY

Honors: Academic Medicine and Leadership Track; Top 10% of Class; Gold Humanism Honor Society; Sigma Sigma Phi; Clinical Excellence in Internal Medicine Award; American Physiological Society Select 2021; Director's Award for Best Presentation and 2nd Place Poster (2020 RVU Research Day); Semi-Finalist and 2nd Place Poster for 2020 ACOP Student & Resident/Fellow Competition; Course Honors (CV I; MCM; Hematology and Immunology I; MSK I, II; PCM I, II, III, IV; GI I, II; Neuro I, II; Microbes and Infectious Diseases; TCM; OPP II, III, IV; Respiratory System II; Renal System II; Hematologic/Lymphatic System II; Endocrine System II; Psych; Advanced Medical Ethics). **Positions:** President of IMIG; Vice President of Sigma Sigma Phi; Student Representative of AOA's Bureau of Emerging Leaders; UMA Delegate. **Volunteer:** Individual Tutor for Nine Courses; Lead Tutor for Two Courses. **Research:** *A New Approach to Vasectomy Reversals; Depression and Anxiety Levels of Students Pre- and Post-Matriculation to Medical School; Effects of medical school on mental health and sleep habits; Relationship of initial oviposition to colony success in three bumble bee species; Separation of Spider Silk Protein from E-coli; Sex Differences in Fat Taste Responsiveness are Modulated by Estradiol; The Evaluation of Anxiety and Depression Among Medical Students; The Rash That Progressed to be a Life-Threatening Illness / A Case Report and Review; The Sunburn That Was Really Stevens-Johnson Syndrome; Tramadol use and ultraviolet radiation linked to Stevens-Johnson syndrome; Ultraviolet Radiation Linked to Drug-Induced Cases of Stevens-Johnson*

Syndrome and Toxic Epidermal Necrolysis: A Systematic Review. Published in *Annals of Behavioral Medicine, Medicine: Case Reports and Protocols, Am J Physiol Endocrinol Metab, and Annals of Internal Medicine.* Presented at RVU Research Day, USU Fall Undergraduate Research Symposium, Annual Pacific Branch Meeting of Entomological Society of America, ACOP Student & Resident/Fellow Competition, and ACOP Annual Scientific Meeting. **Miscellaneous:** My wife and I brought two children into this world while in medical school.

PAOLYNE MEZA

Honors: Predoctoral Osteopathic Principles and Practice Fellow; William G. Anderson Resiliency Award; Most Inspiring Student (2018-19); 1st Place for Presentation at UOMA (2018); 2nd Place for Presentation at RVU Research Day. **Positions:** Founding President of ACOP; Founding Secretary of MSAUP; Student Representative of Diversity and Inclusivity Committee; Peer Mentor Team Lead. **Research:** *Public Perceptions on Prescription Opioid and Heroin Abuse; Evaluating the relationship between perceived addiction potential of prescription opioids and personal exposure to heroin, marijuana, and alcohol; OMT: the potential for manipulative medicine to attenuate opiate withdrawal symptoms.* Published in *JAOA.* Presented at OMED, RVU Research Day, and UOMA. **Miscellaneous:** My 6-month-old son died unexpectedly, during medical school orientation. The RVU community was very supportive and I decided to only take two weeks off because I did not want to fall too far behind. Needless to say, it was a very difficult journey simply because I continued to grieve while enduring the rigors of medical school. In the midst of my struggles, I found passion and true purpose in life and decided to pursue pediatrics.

STUART MONTENEGRO

Honors: Military Medicine Program.

DEREK MUNDAY

Honors: Top 10% of Class; Gold Humanism Honor Society; Rural and Wilderness Medicine Track; Sigma Sigma Phi.

CHRISTINA NGUYEN

Honors: Academic Medicine and Leadership Track.

BROCK ORME

Honors: Long Term Care Track. **Positions:** President for Medical Research Club; Nutrition Leader for Get Fit Friday. **Volunteer:** Court-Appointed Special Advocate; Boy Scout Leader.

TYSON OSWALD

Honors: Academic Medicine and Leadership Track; AAFP National Conference Scholarship. **Positions:** President of STIGMA Club; Vice President of SGA; SOMA National Liaison; COSGP National Representative; Co-Chair for Western US Mental Health Awareness Initiative. **Volunteer:** Interpreter and Administrative Aide for Red Concero, Concero Connect, and The Ashoka Foundation; RVU Young Doctor's Program. **Research:** *Relation of Left Atrial Appendage Remodeling by*

Magnetic Resonance Imaging and Outcome of Ablation for Atrial Fibrillation. Published in *American Journal of Cardiology*. **Miscellaneous:** Studying at four in the morning to be able to get some time with my wife and kids in the evening.

AUSTIN PAGE

Honors: Gold Humanism Honor Society; Research Student of the Month. **Positions:** Vice President of IMIG; Member of American Society of Anesthesiologists and AMWA. **Volunteer:** Tutor for Immunology, Respiratory, and EKGs. **Research:** *Characterization of Anti-Drug Antibodies; A Tool for Discovery and Health*. **Miscellaneous:** Had a daughter during third year of medical school!

TELYN PETERSON

Honors: Gold Humanism Honor Society; Military Medicine Program; OPP Department Award; RVU Military Service Award; 2020 Student Doctor of the Year; RVU Research Day 1st Place Winner, 3rd Place Winner, and Most Innovative Award; Outstanding Leadership Recognition (2019, 2020). **Positions:** National Convention Coordinator, National Treasurer, and Local Vice President for ACOS; Member of Ophthalmology Interest Group, UOMA, and SOMA. **Volunteer:** Young Doctors Program. **Research:** *Thygeson's Superficial Punctate Keratitis: A Comprehensive Review of Pathophysiology & Management; Hiding from the Enemy: An Assessment of Perception of Polychromatic Light in a Simulated Tactical Environment; Chest and Lung Chapter: Ultrasound for Medicine in Primary Care; In vivo evaluation of a new hydrophobic acrylic intraocular lens in the rabbit model; In Vivo Intraocular Lens Power Adjustment Using a Femtosecond Laser in the Rabbit Model; Hiding From the Enemy – Assessment of Polychromatic Light Visualization from a Distance; Suture Skills Acquisitions: Do skins Affect Efficacy?; Orthopedic Knowledge Acquisition During Intensive Surgical Skills Training: A Retrospective Analysis; Focus Group Case Study of Outcomes from Hyper-Realistic Trauma Training; Geographic Disparities in County-Level Prevalence of Allopathic, Osteopathic, Surgical, and Non-Surgical Residency Programs in the United States; Analysis of the Novel 5-Petal Bouquet Vaginal Speculum on Patient Comfort, Visibility of The Cervix, and Ease of Use; A Cost-Benefit Analysis of the Chicken Breast as a Suture Skin Model Compared to Synthetic Skin in Pre-Clinical Suture Skill Development; The Effect on Citations of the Journal of The AOA's George W. Northup Award; Assessment of a Community Glaucoma Screening Program in St George, Utah; Effects of Heavy Metal Exposure in the Fruit Fly Model*. Published in *Eye and Contact Lens, Journal of Ophthalmology and Ophthalmic Surgery, Journal of Cataract and Refractive Surgery*, and *Investigative Ophthalmology & Visual Science*. Presented at ACOS Annual Clinical Assembly, SOSA Convention, and RVU Research Day.

ANTON PHAM

Positions: Vice President of COMM; Ultrasound Scholar. **Volunteer:** Peer Mentor; Tutor. **Research:** *Sonoelastography in the Assessment of False Vocal Folds in Singers and Lower Extremity Injuries in Dancers*.

AUSTIN POULSON

Honors: Rural and Wilderness Medicine Track.

JONATHAN POULSON

Honors: Academic Medicine and Leadership Track.

KAYD PULSIPHER

Honors: Top 10% Honors in Academic Courses; Long Term Care Track; Top 10% of Class; Sigma Sigma Phi. **Positions:** President of Sigma Sigma Phi; Student Ambassador. **Volunteer:** Academic Tutor; Switchpoint Community Resource Center; Southern Utah Veterans Home. **Research:** 23 Peer Reviewed Publications in Various Dermatology Journals.

SKYLAR RIGGS

Honors: Top 10% of Class; Military Medicine Program. **Positions:** Vice President of Medical Research Club.

MIKALA RUSSELL

Honors: Gold Humanism Honor Society; Global Medicine Track; RVU President's Award; 2020 Student Doctor of the Year; Most Impactful Student Award (2020); Course Honors. **Positions:** Class Council Vice President of Wellness; Chapter President of GHHS; Vice President of Student Organizations and Clubs of SGA; Campus TOUCH Coordinator; Gala Committee Chair; Class of 2022 Council Secretary. **Volunteer:** Scouts of America Physicals; Standardized Patient for Young Doctors; RVU's Fall Festival; Ivins Heritage Days; Medical Staff for Huntsman World Senior Games; Naloxone Training at RVU; PCM Tutor. **Research:** *Exploratory Evaluation of Anxiety, Compliance, and Perceptions of the COVID-19 Pandemic of Medical Students and Medical University Staff*. Published in *Frontiers in Communication*. Presented at RVU Research Day.

ROBERT RUSSELL

Honors: Rural and Wilderness Medicine Track; Best Presentation at IMSE Conference. **Positions:** Class Council Communications Officer; Member of Microsoft Teams Task Force, ACOEP, and COMM. **Volunteer:** Lectures to Nursing Students and EMS Personnel. **Research:** *Imposter Syndrome Relation to Gender Across Osteopathic Medical Schools; Ultrasound for Medical Education and Primary Care Chapter: Ultrasound in Resuscitation; SLALOM: A Simple and Rapid Method for Enzymatic Synthesis of CRISPR-Cas9 sgRNA Libraries*. Published in *Medical Science Educator* and *Nucleic Acid Research*. Presented at IMSE.

ZOYA SANDHU

Honors: Global Medicine Track.

KYLE SCHOLTEN

Honors: Sigma Sigma Phi; Top 10% of Class; Course Honors (OPP I, III, IV; PCM III, IV; Renal System I, II; MCM; Respiratory System I, II; CV I, II; Microbes and Infectious Disease; TCM; Neuro I, II; GI I, II; Hematologic and Lymphatic System II; Psych; Repro II; Endocrine System II; MSK II); Honors in Clinical Rotations (GI Elective I, II; Fundamentals of

Surgery; IM Core Rotation I, II; IM Elective I, II). **Positions:** Member of SOMA, UMA, ACOFP, ACP, AMA, and AOA. **Volunteer:** Candidate Review for Sigma Sigma Phi; Premed Mentor for University of South Dakota/Augustana University; Free Wellness Checks; Meal Distribution for VA Hospital; Marathon Guide for St. George Marathon; RVU Health Fair Volunteer; Food Distribution Team Member for St. George Food Bank; Meal Distributor for Sioux Falls Banquet; Highway Environmental Cleanup for South Dakota Department of Transportation. **Research:** *A Near Miss: A Case of Anti-GBM Disease; Sages Pearl Project – Roux En Y Anastomoses and Leak Test; Gee Whiz Stuff in Psychiatry; The association between Marijuana and development of Schizophrenia; Sports Injuries and Mental Health.* Published in *USHMedStudent* and *Sages Online Textbook*. Presented at John M. Allen Memorial Conference and SGIM Annual Meeting. **Miscellaneous:** Dr. Greg Baird and I executed a quality improvement project at Provo Rehab, establishing screening guidelines for hearing examinations in short- and long-term nursing facilities. Medicare billing was reviewed and the project was able to increase quality of care at no extra cost to the residents!

COURTNEY SHILL

Honors: Rural and Wilderness Medicine Track; RVU Dean's Award; Clinical Excellence in OBGYN Award Multiple Academic Course Honors; Best Posters at IAMSE Conference and RVU Research Day. **Positions:** Communications Officer and Vice President of SGA; Student Ambassador; Microsoft Teams Task Force; Class Council Communications Officer; Member of COMM and ACOEP. **Volunteer:** Tutor; Gala Planning Committee; Navajo Nation Humanitarian Trips; Guest Lecturer at EMS Conference and Elementary School Class. **Research:** *Imposter Syndrome and Gender Class Ratios in Medical School; A Comparison of the Bouquet Speculum and Traditional 2-Blade Speculum; Imposter Syndrome Relation to Gender Across Osteopathic Medical Schools; Primary Author of Chapter 4 of Ultrasound for Medical Education and Primary Care.* Published in *Medical Science Educator Journal*. Presented at IAMSE and RVU Research Day. **Miscellaneous:** Getting into RVUCOM with my husband, Carson Russell, and being able to support one another through this crazy process.

BRAIDEN SHUMWAY

Honors: Academic Medicine and Leadership Track; AML Track Award of Excellence; National Health Service Corps Scholarship. **Positions:** President of SUCA. **Volunteer:** Co-Director for Young Doctors Southern Utah; Regional Director and Founder for Young Doctors Vernal.

JULIA SIAR

Honors: Rural and Wilderness Medicine Track. **Positions:** Co-President for MSAUP; Member of SOMA, PsychSIGN, and American Psychiatric Association. **Volunteer:** Utah Support Advocates for Recovery Awareness; Utah AIDS Foundation; Switchpoint Community Resource Center; Renal I Tutor. **Miscellaneous:** I've been able to maintain a practice in ceramics throughout school.

CHAD SKIDMORE

Honors: Top 10% of Class; Predoctoral Anatomy Fellow.

LANE SMITH

Honors: Academic Medicine and Leadership Track.

TRIENT SPIRES

Honors: Military Medicine Program.

BRENDEN STARKEY

Honors: Rural and Wilderness Medicine Track; Sigma Sigma Phi. **Volunteer:** Tutor.

BRAYDEN STEMBRIDGE

Honors: Academic Medicine and Leadership Track.

MICHAEL STEPHENS

Honors: Global Medicine Track.

JEREMY STONE

Honors: Academic Medicine and Leadership Track.

MIKENZIE STURDEVANT

Honors: Rural and Wilderness Medicine Track; Sigma Sigma Phi; Clinical Excellence in General Surgery Award. **Positions:** President of WMSIG; Pre-SOMA Liaison and Vice President of SOMA; Secretary of Class Council. **Volunteer:** Peer Mentor; Volunteered for several events and community projects through clubs. **Research:** *From Front to Back: A Comparison of an Anterior Deltopectoral versus Posterior Approach for a Total Shoulder Arthroplasty Through Shoulder Index Scores and Radiographic Data; Out of the Classroom and Into the Field: Application of SAM Splints for C-Spine Stabilization Among New and Intermediate Learners; Bilateral Empyema After Robotic Paraoesophageal Hernia Repair Case Report.* Presented at RVU Research Day and Orthopedics Today. **Miscellaneous:** I ran my first half-marathon during second year.

DANIEL SULLIVAN

Honors: Excellence in Clinical Medicine Award.

BRADLEY TAYLOR

Honors: Course Honors (MSK; MCM; CV; Renal; GI; Psych; OPP); "and most importantly" RVU-SU Heartthrob Award.

REBECCA THOMAS

Honors: Predoctoral Anatomy Fellow; Sigma Sigma Phi.

ABBY TRINH

Honors: Clinical Elective Honors (IM; FM). **Volunteer:** Pre-Med Academy; Spring Community Health Fair; Foundation for International Medical Relief of Children, Project Alajuelita in Costa Rica and Project Huancayo in Peru. **Research:** *The Health Benefits of Vegetarianism.* **Miscellaneous:** Contributed to NSAID review protocol at Pointe Meadows Health and Rehabilitation Nursing Facility; Conducted research on

vegetarian dietary patterns and associated health outcomes.

VICTOR WARR

Honors: Sigma Sigma Phi; Rural and Wilderness Medicine Track. **Positions:** Emergency and Wilderness Medicine. **Volunteer:** Seager Memorial Clinic.

MATT TRANE WEBB

Honors: Medical Humanities Department Award; Course Honors (PCM I; OPP IV); Three-Time Recipient of Kudos Card from Standardized Patients for Exceptional Performance. **Positions:** Co-Founder and Vice-President of SIGN PsychSIGN Club; Member of Get Fit Friday Planning Committee. **Volunteer:** Lead Tutor for Medical Ethics; Individual Tutor for PCM I and II; RVU Fall Festival; Organizer of Feeding the Monster, Motivational Experiences in Neuro-Physical Rehabilitation, and Recognizing Dangerous Drugs and Impairment; Cut Suit Training for RVUCOM-SU Faculty and Staff; Recruiter of Standardized Patients for Medical Spanish Course Events; Interpreter and Standardized Patient for Early Clinical Experiences of Peers; Local High School Student Tours and Discussions; RVUCOM-SU Diversity Events; Feminine Hygiene Product Drive. **Miscellaneous:** Networked with St. George Regional Hospital to connect RVUCOM-SU with contacts for opportunities to acquire medical equipment for teaching and simulation through Intermountain Healthcare Asset Recovery at significant cost savings.

BEN WINTER

Honors: Academic Medicine and Leadership Track; Sigma Sigma Phi; Top 3 Finalist in Bench to Bedside Medical Device Competition; UOMA Poster Competition Winner; SOSA Research Symposium Winner. **Positions:** Secretary of SOSA; Class of 2021 Secretary. **Volunteer:** Ironman. **Research:** *Ultrasonography to Assess the Efficacy of Osteopathic Manipulative Treatment for Lumbar Spine Asymmetry*; *Mesh Assist: Mesh Insertion Facilitation Device*. **Miscellaneous:** Created a medical device, patent pending; founded Winbock Medical, a medical device company.

CHRISTIAN WISCOMBE

Honors: Sigma Sigma Phi.

SYDNEY WOODS

Honors: Top 10% of Class; Rural and Wilderness Medicine Track; Sigma Sigma Phi. **Positions:** Vice President of AMWA.

KYLE WYER

Honors: Long Term Care Track.

TAYLOR YANCEY

Honors: Top 10% of Class; Predoctoral Anatomy Fellow; Fellow of the Year (2020); High Achievement Award (2019); Student of the Year (2018); Course Honors (NS I, II; Endo I, II; GI I, II; PCM II, III, IV; Resp I, II; TCM; Medical Ethics; Heme/Lymph II; Renal II; MSK II; Repro II; OPP IV; Psych I; IM; Pediatrics; Women's Health; FM). **Positions:** Vice President of CMDA; Member of COMM; Curriculum Representative of the SGA. **Volunteer:** Teaching Anatomy-Focused Lessons at Coral Cliffs Elementary; Anatomy Lab Volunteer. **Research:** *The Effects of Pre-medical Anatomy and Clinical Experiences on Medical School Anatomy-Related Academic Performance; Unilateral Absence of the Musculo-cutaneous nerve with Accompanying Anomalies in the Median Nerve*. Published in *Medical Science Educator*. Presented at SAOAO. **Miscellaneous:** Becoming a father during my surgery rotation (my wife is a rockstar).

KALVIN ZEE

Honors: Academic Medicine and Leadership Track; Gold Humanism Honor Society. **Positions:** Vice President of ACOEP; Vice President of SAOAO; Secretary of GHHS. **Volunteer:** Tutor; Peer Mentor. **Research:** *Bochdalek Hernia in an Adult Causing Intraoperative Complication, POTS and Antiphospholipid Syndrome: An Unlikely Association, Superior Mesenteric Artery Syndrome: Could it Involve a Potential Familial Pattern?*; *Quantitative Ultrasound to Assess Adult Tendons*.

ABBREVIATIONS KEY

Clubs and Associations

- AAFP: American Academy of Family Physicians
- ACOS: American College of Osteopathic Surgeons
- ACP: American College of Physicians
- ACOEP: American College of Osteopathic Emergency Physicians
- ACOFP/SAOCFP: American College of Osteopathic Family Physicians/ Student Association of...
- ACOP: American College of Osteopathic Pediatricians
- AIUM: American Institute of Ultrasound in Medicine
- AMA: American Medical Association
- AMWA: American Medical Women's Association
- AOA: American Osteopathic Association
- CMDA: Christian Medical and Dental Society
- COMM: Community Outreach Medical Mentors
- IAMSE: International Association of Medical Science Educators
- IMIG: Internal Medicine Interest Group
- MSAUP: Medical Students Advocates for Underserved Populations
- SAAO: Student American Academy of Osteopathy
- SAOAO: Student American Osteopathic Association of Orthopedics

- SAMOPS: Student Association of Military Osteopathic Physicians & Surgeons
- SGA: Student Government Association
- SOMA: Student Osteopathic Medical Association
- SOSA: Student Osteopathic Surgical Association
- SUCA: Southern Utah Collegium Aesculapium
- UMA: Utah Medical Association
- UOMA: Utah Osteopathic Medical Association
- WMSIG: Wilderness Medical Society Student Interest Group

Courses

- AML: Academic Medicine and Leadership
- CV: Cardiovascular System
- EBM: Evidence-Based Medicine
- GI: Gastrointestinal System
- MCM: Molecular and Cellular Mechanisms
- MSK: Musculoskeletal System
- OPP: Osteopathic Principles and Practice
- PCM: Principles of Clinical Medicine

SHOWING GRATITUDE

KYLE ANDERSON

I'd like to thank all of my parents, especially my mom. They were always supportive and were there to talk to me on the phone anytime I needed encouragement. My medical school friends who would always cheer me up and keep me going. My three little girls who were always there to put a smile on my face even through the tough moments in school. And finally, my wife. No words can illustrate how much she has supported and sacrificed for me during this long road. She's always believed in me and nothing I do from here on out will be enough to thank her for everything. I love you, babe!

KOVIC BAILEY

[I want to thank] My group of friends who got me through school: Kyle Anderson, James Harley, Kyle Seljaas. My beautiful wife, Ashlie, who did more than she should have while raising our two girls practically by herself.

NATHAN BALKMAN

[I want to thank] My partner Jessica, Mom, Dad, M1 boys, the biking homies, my dog Mesa, and the legendary Dr. [Dale] Woodbury.

VALENTINA BONNEFL

I would like to thank my Mom and Dad for supporting me through this long journey and always making me feel like I could do it no matter what it would take. From when I was a little girl, they always encouraged my dream. I also want to thank my stepparents, Peter, and Marysia for being amazing parents and always making me feel safe, loved, and cared for. I especially want to thank my fiancée, Carter, for coming with me on this crazy journey, uprooting his life to come out to Utah, and being there with me every step of the way, even when things were the hardest (along with our rescue dog Jack). Also, the rest of my family in Italy—my Nonna and Naty—and in the US and Carter's family—Jeff, Tanja and Laird—who have encouraged us every step of the way. Finally, my best friends from before medical school and during who didn't doubt me and reassured me when I doubted myself, through calls and in person.

DEVIN BOURNE

I could have not have made this journey without those supporting me. Special thanks to my parents, Chris and Krista Bourne, for supporting, loving, and sometimes carrying me these last 17 years since I set out to be a physician. Big thanks to Bryan Walker and Jake Corry for the support when it seemed as if I would not make it through school. Many thanks to my siblings for letting me practice my osteopathic treatments on them and to my roommate, Kevin Bateman, for being a best friend. Special thanks to Jake Frandsen for your love and pa-

tience as I rode this crazy rollercoaster. You all have my eternal love and gratitude for helping me in this great achievement.

RYAN BRAUMANN

I'd like to thank my ever-supportive family, all my fellow students, and our incredible faculty and staff at RVU. Also special shout-outs to my cat Scout, Sufjan Stevens for musical emotional support, coffee for never giving up on me, and Utah for being distractingly beautiful.

JONATHAN BRICK

I would like to thank my wonderful wife, Sarah, for always being there for me. As well as my mother, father, and grandparents.

KEVIN BRIGHTON

I would like to thank my supportive wife who has sacrificed so much along this journey and has been a key element in helping me become a physician. Thanks to my kids who have been so patient with my busy schedule and who cherish the time when we can play together. I appreciate the encouragement of my parents, in-laws, and siblings who have strengthened me throughout my schooling. Lastly, thanks to my friends in my study group who taught me so much and helped me get through the difficulties of medical school.

RYAN CHRISTENSEN

Thank you to Dr. [Stephen] Miller and the Clinical Education Department for all their hard work setting up rotations for all of us during this pandemic. I am very grateful for the experiences I have had and the knowledge I have gained from them!

AUTUMN DACH

I would like to thank my family, friends, and fellow colleagues for being my pillars of strength and providing unwavering support throughout this rollercoaster of a journey. You believed in me when I was filled with self-doubt, pushed me to realize my full potential, helped me build resiliency through hardships, celebrated my accomplishments, and overall contributed to the woman I am today. Without all of you, this accomplishment would not have been possible. Lucky you, you still have to deal with me through residency and beyond! A special shout out to Dr. [Andrew] Nigh and Dr. [Clyde] Jensen for providing exemplary mentorship and commitment to medical education that has helped me to continue to reach my career goals.

BRYAN DAINES

[I want to thank] My wife and kids for being supportive and loving while I continue to screw around with school.

DANIEL DASKALAKIS

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"I would like to thank my family, friends, and fellow colleagues for being my pillars of strength and providing unwavering support throughout this rollercoaster of a journey."

- Autumn Dach

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"I'd like to thank my ever-supportive family, all my fellow students, and our incredible faculty and staff at RVU. Also, special shout-out to...Utah for being distractingly beautiful."

- Ryan Braumann

*“Thanks to all my classmates, faculty,
and preceptors who made the strenuous training
over the years a remarkable
educational experience.”*

Emily Jensen